Oxygen isotope records of Holocene climate variability in the Pacific Northwest

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Abstract

Oxygen isotope ($\delta^{18}\text{O}$) measurements of authigenic carbonate from Cleland Lake (southeastern British Columbia), Paradise Lake (central British Columbia), and Lime Lake (eastern Washington) provide a ~9,000 year Holocene record of precipitation-evaporation balance variations in the Pacific Northwest. Both Cleland Lake and Paradise Lake are small, surficially closed-basin systems with no active inflows or outflows. Lime Lake is surficially open with a seasonally active overflow. Water isotope values from Cleland and Paradise plot along the local evaporation line, indicating that precipitation-evaporation balance is a strong influence on lake hydrology. In contrast, Lime Lake water isotope values plot on the local meteoric water line, signifying minimal influence by evaporation. To infer past hydrologic balance variations at a high temporal resolution, we sampled the Cleland, Paradise, and Lime Lake sediment cores at 1-60 mm intervals (~3-33 years per sample on average) and measured the isotopic composition of fine-grained (< 63 μm) authigenic CaCO_3 in each sample. Negative $\delta^{18}\text{O}$ values, which indicate

wetter conditions in closed-basin lakes, occur in Cleland Lake sediment from 7,600 to 2,200 years before present (yr BP), and are followed by more positive $\delta^{18}\text{O}$ values, which suggest drier conditions, after 2,200 yr BP. Highly negative $\delta^{18}\text{O}$ values in the Cleland Lake record centered on ~2,400 yr BP suggest that lake levels were high (and that the lake may have been overflowing) at this time as a result of a substantially wetter climate. Similarly, Paradise Lake sediment $\delta^{18}\text{O}$ values are relatively low from 7,600 to 4,000 yr BP and increase from ~4,000 to 3000 yr BP and from ~2,000 yr BP to present, indicating that climate became drier from the middle through the late Holocene. The $\delta^{18}\text{O}$ record from Lime Lake, which principally reflects changes in the isotopic composition of precipitation, exhibits less variability than the closed-basin lake records and follows a generally increasing trend from the mid-Holocene to present. These results are consistent with several proximal reconstructions of changes in lake-level, precipitation amount, and precipitation isotopic composition and may also reflect the establishment modern El Niño Southern Oscillation (ENSO) variability in the late Holocene, as inferred from proxy evidence of synoptic ocean-atmosphere changes in the Pacific basin. Results from mid-Holocene (6,000 yr BP) climate model simulations conducted as part of the Paleoclimate Modeling Intercomparison Project Phase 3 (PMIP3) indicate that in much of western North America, the cold season (October–March) was wetter and the warm season (April–September) was considerably drier relative to the late Holocene, leading to an overall drier climate in western North America with enhanced hydroclimatic seasonality. This is consistent with inferences from the Cleland and Paradise $\delta^{18}\text{O}$ records, which lake modeling experiments indicate are strongly influenced by cold season precipitation-evaporation balance. This also explains apparent inconsistencies between the lake $\delta^{18}\text{O}$ records and other proxies of hydroclimatic change from the greater Pacific Northwest region that are less sensitive to cold season climate and thus indicate relatively drier conditions during the mid-Holocene. The abrupt negative excursion at ~2,400 yr BP in the Cleland Lake $\delta^{18}\text{O}$ data, as well as the marked shift to more positive values after this time, demonstrate that gradual changes in ocean-atmosphere dynamics can produce abrupt, non-linear hydroclimate responses in the interior regions of western North America.

Key words: Paleoclimate, Global Change, Oxygen Isotopes, Drought, Lake Sediment, Holocene

1. Introduction

Changes in the Pacific and Atlantic ocean-atmosphere systems during the Holocene produced substantial variations in the climate of western North America. Currently, the El Niño Southern Oscillation (ENSO) (Brown and Comrie, 2004; Cayan et al., 1999, 1998; Dettinger et al., 1998; McCabe and Dettinger, 2002, 1999; Wise, 2010), the closely associated Pacific Decadal Oscillation (PDO) (Barlow et al., 2001; Biondi et al., 2001; Bond and Harrison, 2000; Gedalof, 2002; Hare and Mantua, 2001; Hidalgo, 2004; MacDonald and Case, 2005; Mantua and Hare, 2002; Mantua et al., 1997; Sung et al., 2014; Whitfield et al., 2010), and the Northern Annular Mode (NAM) (which is expressed through the Arctic Oscillation or AO) (McAfee and Russell, 2008; Wallace and Thompson, 2002; Wang et al., 2006) are the primary drivers of North American hydroclimate variability on inter-annual to multidecadal timescales. These synoptic climate systems affect the strength and trajectory of the westerly winds and summer monsoonal air masses that deliver water vapor from the Pacific and Atlantic basins to the interior of North America. Other modes of ocean-atmosphere variability, such as the Pacific North American Pattern (Ge et al., 2009; Leathers and Palecki, 1992; Leathers et al., 1991; Lee et al., 2012; Liu et al., 2014, 2013, 2011; Minobe and Mantua, 1999; Trouet and Taylor, 2010), and the Atlantic Multidecadal Oscillation (AMO) (Enfield et al., 2001; Feng et al., 2008; Hidalgo, 2004; Kim et al., 2004; McCabe et al., 2008, 2004; Mo et al., 2009), influence climate in North America and are related to the aforementioned climate modes either directly or through global teleconnections. For example, various lines of research have revealed close relationships between ENSO and the PDO (Di Lorenzo et al., 2010; Newman et al., 2003; Verdon and Franks, 2006; Vimont, 2005) as well as connections between predominant climate modes in the Pacific and Atlantic basins (e.g., ENSO and AMO) (Alexander et al., 2002; Dong et al., 2006; Timmermann et al., 2007; Zhang and Delworth, 2007). Our current understanding of how these modes of variability influence western North America is based largely on analyses of historical observations, which typically span less than a century, and climate model simulations, which exhibit inter-model inconsistency both in terms of regional ENSO climatology and responses to external forcing (Diffenbaugh et al., 2006; Harrison et al., 2003, 2014; Schmidt et al., 2014; Shin et al., 2006). Investigations of paleoclimate change in ENSO sensitive regions expand our

temporal perspective on terrestrial climate responses to internal and external forcing and provide a baseline for evaluating climate model hindcasts.

The oxygen isotopic composition of authigenic carbonate minerals (i.e., calcite and aragonite) in lacustrine sediments provides paleo-hydroclimate information on a wide range of timescales (from inter-annual to millennial) and therefore can be used to assess Holocene climate variability (Leng and Marshall, 2004; Talbot and Kelts, 1990; Talbot, 1990). This proxy is particularly informative as a drought/pluvial indicator in lake systems where the lake hydrologic budget is strongly influenced by shifts in precipitation-evaporation balance, and for which evaporation is a substantial component of total water loss (i.e., evaporation + outseepage) (Gat, 1995; Jones and Imbers, 2010; Shapley et al., 2008; Steinman and Abbott, 2013; Steinman et al., 2010a, 2010b). Most closed-basin lakes possess these traits and when located in a catchment with calcareous substrate often precipitate carbonate minerals from the water column (Kelts and Hsu, 1978; Koschel, 1997; Shapley et al., 2005), providing an archive of lake water isotope variability in response to climate driven changes in hydrologic balance. In contrast, open-basin lakes are not substantially influenced by evaporation and instead have a water isotopic composition that is controlled by that of through-flowing, meteoric water. Carbonate mineral (CaCO_3) oxygen isotope records from open-basin lakes can therefore provide information on past changes in the isotopic composition of precipitation, which complements the paleoclimate perspective obtained from closed-basin sediment oxygen isotope records.

Given the many factors that influence lake water isotopic composition (e.g., climate variations, lake morphometry, and the groundwater through-flow rate), qualitative attempts to interpret sediment core oxygen isotope records may inadequately characterize lake responses to climate change (Jones et al., 2005; Leng and Marshall, 2004; Steinman and Abbott, 2013; Steinman et al., 2013, 2010b). To address this issue, lake hydrologic and isotope mass balance models can be used to provide a framework for interpretation that quantitatively accounts for the many influences on lake hydrology and isotope dynamics. Such models provide a robust approach to interpreting lake sediment isotope records and have been used to provide insight into potential climate states capable of producing measured sediment core geochemical values and inferred past lake levels (Anderson et al., 2007; Benson and Paillet, 2002; Benson et al., 1996; Jones and Imbers, 2010; Jones et al., 2007, 2005; Li and Morrill, 2013; Morrill et al., 2006;

Phillips et al., 1994, 1986; Rowe and Dunbar, 2004; Shapley et al., 2008; Stansell et al., 2012; Steinman et al., 2013, 2012; Vassiljev, 1998a).

We present lake sediment oxygen isotope ($\delta^{18}\text{O}$) records of past precipitation-evaporation balance from Cleland Lake (closed-basin; southeastern British Columbia), Paradise Lake (closed-basin; central British Columbia) and Lime Lake (open-basin; eastern Washington) that span the last ~9,000 years before present (yr BP) and provide insight into western North American climate system responses to ocean-atmosphere forcing on inter-annual to millennial timescales. To reconstruct hydroclimate variability at a high temporal resolution, we analyzed the isotopic composition of 2,246 samples collected at ~1 mm resolution from the Cleland Lake sediment cores, and 651 samples (combined) from the Paradise and Lime lake cores. We support our interpretation of these records using sensitivity simulations conducted with a lake hydrologic and isotope mass balance model (based on that of Steinman et al., 2010b). The objective of the mass-balance model simulations is to determine the long-term hydrologic and isotopic sensitivity of Cleland and Paradise to seasonal temperature and precipitation changes. These analyses provide insight into the evolution of middle to late Holocene hydroclimate variability in the Pacific Northwest as well as variability in the constraining internal and external forcing mechanisms. We then compare the lake isotope series to other records of hydroclimatic change from the greater Pacific Northwest region (which we define as British Columbia, eastern Washington and Oregon, northern Idaho, and western Montana) as well as ocean sediment, coral, and lake sediment based proxies of Holocene variability in synoptic climate modes (such as ENSO and the NAM). This comparison allows us to form conclusions on how changes in the Northern Hemisphere ocean-atmosphere system affected Holocene hydroclimate in the Pacific Northwest. Lastly, we analyze results from global climate model (GCM) simulations of mid-Holocene (6,000 yr BP) climate in order to investigate the physical plausibility of our paleoclimate interpretations. Results from the climate model analysis provide perspective on how ocean-atmosphere responses to orbital forcing influenced climate in western North America during the mid-Holocene, as well as on inter-model heterogeneity in reconstructing paleoclimatic conditions.

2. Materials and Methods

2.1 Setting

Climate in the greater Pacific Northwest region is influenced by interactions between Pacific ocean-atmosphere variability associated with the El Niño Southern Oscillation (ENSO) (Brown and Comrie, 2004; Cayan et al., 1999, 1998; Dettinger et al., 1998; McCabe and Dettinger, 2002, 1999; McCabe et al., 2008, 2004; Steinman et al., 2014; Wise, 2010) and the NAM (McAfee and Russell, 2008; Wallace and Thompson, 2002; Wang et al., 2006), which affects atmospheric pressure gradients on a hemispheric scale. A positive NAM is characterized by a greater pressure difference between the extra-tropical high- and low-pressure centers and a stronger, more zonal westerly jet stream. When ENSO is in a negative (i.e., La Niña) phase and NAM is positive, wetter cold season conditions (October–March) typically occur in the Pacific Northwest; whereas drier conditions occur during the opposite set of conditions (Fig. 1).

Cleland Lake (50.830° N, 116.390° W, 1,126 m asl) is an alkaline, surficially closed-basin system located on an elevated terrace west of the Columbia River (Fig. 1). Precipitation amounts recorded at the Brisco weather station (from AD 1986–2003) (50.82° N, 116.26° W, 823 m asl) (Climate ID: 1171020; Meteorological Service of Canada) indicate that precipitation is somewhat seasonal, with about 35% and 24% of total annual precipitation occurring during the early summer (May–June) and late fall/early winter (November–January), respectively (Fig. S1). Mean monthly precipitation $\delta^{18}\text{O}$ values vary by as much as 10 ‰ throughout the year (Table S1). The topography is characterized by hills and valleys overlain by glacial till dissected by rivers and streams as well as numerous small alkaline lakes that formed after the last deglaciation. Cleland Lake has a surface area of 0.28 km², an estimated watershed area of 2.02 km² (Fig. S2), and contains extensive littoral carbonate platforms surrounding a deep anoxic basin (maximum depth of ~32 m) (Mihindukulasooriya et al., 2015). During the observational period (AD 2009–2014), the surface water of Cleland Lake was ~2 m below the surficial overflow level. The catchment contains second-growth forests that include *Pinus ponderosa* (ponderosa pine), *Pseudotsuga menziesii* (Douglas fir), *Picea* (spruce) and *Betula* (birch) (Klenner et al., 2008).

Paradise Lake (54.685° N, 122.617° W, 733 m asl) is an alkaline, surficially closed-basin system located in central British Columbia ~600 km northwest of Cleland Lake (Fig. 1). Precipitation amounts recorded at the Prince George weather station (from AD 1984–2004)

(54.05° N, 122.74° W, 762 m asl) (Climate ID: 1096458; Meteorological Service of Canada) indicate that February–May are the driest months and that September–January and June are the wettest months (Fig. S1; Table S1). Mean monthly precipitation $\delta^{18}\text{O}$ values vary by as much as 10 ‰ throughout the year. The topography is similar to that of Cleland Lake, with numerous hills and valleys dissected by small, seasonally ephemeral streams and larger rivers, and lakes that formed after the last deglaciation. Paradise Lake has a surface area of 0.09 km², an estimated watershed area of 1.70 km² (Fig. S3), and contains an extensive littoral carbonate platform along the southeastern shore. A series of sediment cores collected along the long axis of the lake revealed a decrease in carbonate mineral content with increasing depth (maximum depth of ~21 m). The catchment contains second-growth forests including, *Picea* (spruce), *Betula* (birch), and *Populus* (Aspen).

Lime Lake (48.874° N, 117.338° W, 781m asl) is an alkaline, open-basin system located in northeastern Washington ~230 km south/southwest of Cleland Lake. Precipitation amounts recorded at the Metaline Falls weather station (AD 1909–1965) (48.87° N, 117.37° W, 643 m asl) (Station: 455317; Western Regional Climate Center) indicate that summers (July–September) are relatively dry and that the cold season (October–March), as well as late spring (May–June), are wet (Fig. S1). Mean monthly precipitation $\delta^{18}\text{O}$ values vary by as much as 8 ‰ throughout the year. The lake surface area is 0.04 km², and the watershed area is ~1.06 km² (Fig. S4). The lake basin is steep sided with a flat bottom (maximum depth of ~15.5 m near the southwestern shoreline). Lime Lake is situated on the edge of a terrace of the Okanogan River with a surrounding topography characterized by hummocky, post-glacial terrain. The catchment forest predominantly consists of *Pseudotsuga menziesii* (Douglas fir), *Pinus ponderosa* (ponderosa pine), and *Betula* (birch).

2.2 Field sampling and analysis

In May 2009, we recovered a 249 cm-long sediment profile from Cleland Lake in a depth of 20.2 m (in anoxic bottom water) (Mihindukulasooriya et al., 2015) using a 6.7 cm diameter polycarbonate tube attached to a rod driven piston corer (Core B-09). In July 2009, we collected a 50 cm freeze core of surface sediment (Core C-09) from Cleland Lake using a hollow steel wedge filled with an ethanol-dry ice slurry. Both of these cores were stratigraphically correlated

using the Mt. St. Helens Wn tephra (Mullineaux, 1986; Yamaguchi, 1985) (Supplemental Information). In October 2006 and May 2010 we used a 6.7 cm diameter polycarbonate tube attached to a rod driven piston corer and a modified (5 cm) Livingstone piston corer to collect sediment cores from Lime Lake (Core B-06 / Core A-06 / ~350 cm) and Paradise Lake (Core A-10 / Core B-10 / ~250 cm) in water depths of 2 m and 15.5 m, respectively. Surface sediments were sampled in the field at 0.5 cm (Lime Lake) and 0.25 cm (Paradise Lake) intervals by upward extrusion into a tray fitted to the top of the core barrel and transferred to sterile plastic bags.

Surface water samples for oxygen and hydrogen isotope analyses were intermittently collected from lakes and streams in the vicinity of Cleland Lake during the spring and/or summer from AD 2009–2014 (Fig. 2). Streams and lakes in the Lime Lake region were sampled from AD 2006–2013 and in the Paradise Lake region during May 2010 and August 2012. Water samples were collected in 30 mL polyethylene bottles after rinsing three times with sample water and then filling and capping the bottle underwater. All samples were stored in cool (~4 °C), dark conditions until analysis. Isotopic ratios of the water samples were measured at the University of Arizona Environmental Isotope Laboratory on a gas-source isotope ratio mass spectrometer (Finnigan Delta S). Hydrogen isotope analyses were conducted by reacting samples at 750°C with Cr metal using a Finnigan H/Device coupled to the mass spectrometer. Oxygen isotope analyses were conducted by equilibrating samples with CO₂ gas at approximately 15°C in an automated equilibration device coupled to the mass spectrometer. All water isotope results are reported in standard delta notation relative to Vienna Standard Mean Ocean Water (VSMOW). Precision (1 σ) is 0.9 per mil (‰) or better for δ D and 0.08 ‰ or better for δ^{18} O on the basis of repeated measurement of internal standards. Sulfuric acid titrations were conducted on samples of surface water from each lake using a Hach® Digital Titrator to determine total dissolved bicarbonate and carbonate concentrations (i.e., alkalinity).

2.3 Geochronology

The age profiles of the surface sediments were determined using ²¹⁰Pb and ¹³⁷Cs dating methods (Tables S2-S4), while the chronology of deeper sediments was constrained using radiocarbon and tephrochronology (Fig. 3; Tables S5-S7). Radioisotope (²¹⁰Pb and ²¹⁴Pb)

activities were measured by direct gamma counting for 48 hours using a high-purity, broad-energy germanium detector (Canberra BE-3825) at the University of Pittsburgh following a three week equilibration period in airtight petri dishes. Radioisotope activities were interpreted using the constant rate of supply (CRS) model (Appleby and Oldfield, 1978; Binford, 1990; Lima et al., 2005). Sediment sub-samples for radiocarbon dating were disaggregated with 7% H₂O₂ and sieved through a 125- μ m screen to isolate terrestrial macrofossils, which were collected using a small brush under a binocular microscope and pretreated using a standard acid-base-acid procedure (Abbott and Stafford Jr., 1996). Radiocarbon samples were measured at the W. M. Keck Carbon Cycle Accelerator Mass Spectrometry Laboratory at the University of California Irvine. Mount Saint Helens Wn (Yamaguchi, 1985) and Mazama (Hallett et al., 1997; Zdanowicz et al., 1999) tephra layers were identified using microprobe analysis (Table S8). Classical Age Modeling (CLAM2.2) software for R and the IntCAL13 (Reimer, 2013) calibration curve were used to produce age models based on linear interpolation between dates and to generate 95% confidence intervals for the interpolated ages (Blaauw, 2010). Several dates were considered outliers by the CLAM software and were omitted from the age models of each core. In the case of Cleland Lake, two dates were omitted: one from 38 cm that was inconsistent with the age of the Mount Saint Helens W (MSH-W) tephra at 44 cm and one from 215 cm that had a large uncertainty range. For Paradise Lake, one date at 93 cm was omitted because it produced an age-depth reversal, and two were omitted (269.5 cm, 327.5 cm) because of their large uncertainty range and inconsistency with other nearby dates with much smaller uncertainty ranges. Four dates were omitted from the Lime Lake age model: one at 43 cm because of inconsistency with the MSH-W tephra, and three (112.3 cm, 137.3 cm, 173.6 cm) that produced either reversals or large changes in the sedimentation rate that were not accompanied by a commensurate shift in the sedimentology or sediment geochemistry.

2.4 Sediment core sampling and analysis

At the University of Pittsburgh, the Cleland Lake sediment freeze core was sampled using a razor blade at an average resolution of ~1 mm/sample with locations marked on digital photographs of the core. The Cleland Lake piston core was sampled (N=2,246 including the freeze core samples) along the plane of sediment laminae using a custom made slicing

mechanism to maximize the temporal resolution. The Paradise Lake (N=379) and uppermost (Surface Core D-06) Lime Lake (N=272) cores were also sampled along the plane of sediment laminae using the core slicing mechanism at 1-2 mm intervals. The lower sections of the Lime Lake core were sampled at ~5 cm intervals using a 1 cc sampler. Samples were prepared for isotopic analysis by disaggregating in 7% H₂O₂ for ~24 hours, wet sieving through a 63 µm screen to remove the coarse fraction (and thereby isolate the fine grain size), and treating with 3 % NaClO for 6 hours to remove organic matter. The treated fine fraction was then rinsed 3 times using deionized water, frozen, lyophilized, homogenized using a mortar and pestle, and sealed in labeled glass vials.

Isotope analyses of the Cleland Lake samples were conducted at The University of Florida. The Lime Lake and Paradise Lake isotope analyses were conducted at the University of Arizona. In both cases samples were reacted in orthophosphoric acid at 70° C using a Finnigan-MAT Kiel III carbonate preparation device. The oxygen and carbon isotopic composition of evolved CO₂ gas was measured with a Finnigan-MAT 252 mass spectrometer. All carbonate isotope results are reported in standard delta notation relative to Vienna Pee Dee Belemnite (VPDB). Analytical precision at the University of Florida, based on repeated measurements of NBS-19 carbonate standard materials (N=459), was 0.04 ‰ for δ¹³C and 0.08 ‰ for δ¹⁸O. Analytical precision at the University of Arizona, based on repeated measurements of NBS-18 and NBS-19, was better than 0.1 ‰ for δ¹⁸O and 0.08 ‰ for δ¹³C.

Mineral phase characterization by X-ray diffractometry was completed at the University of Pittsburgh's Materials Micro-Characterization Laboratory using a Phillips X'Pert Powder Diffractometer over a 2θ range of 10° to 80°. X-ray diffraction results indicate that calcite is the only detectable carbonate mineral in the fine-grained sediment at Paradise Lake and Lime Lake, and that aragonite is the predominant carbonate mineral in the Cleland Lake sediment (i.e. a small amount of calcite is likely present in some samples).

2.5 Lake modeling overview

Hydrologic and isotope mass balance models can be used to investigate lake sensitivity to specific climate variables (Calder et al., 1995; Dinçer, 1968; Donovan et al., 2002; Gat, 1970; Gibson et al., 2015, 1996; Hastenrath and Kutzbach, 1983; Hostetler and Benson, 1994; Jones

and Imbers, 2010; Lyons et al., 2011; Morrill, 2004; Shanahan et al., 2007; Shapley et al., 2008; Steinman et al., 2010b; Tate et al., 2004; Troin et al., 2010; Vassiljev, 1998b; Zuber, 1983) and to develop a basis for the paleo-interpretation of sediment geochemical records (Anderson et al., 2007; Benson and Paillet, 2002; Hoelzmann et al., 2000; Jones et al., 2007; Morrill et al., 2006; Phillips et al., 1994; Roberts et al., 2008; Steinman et al., 2012; Vallet-Coulomb et al., 2006). Here we apply a lake hydrologic and isotope mass balance model to characterize the isotopic responses of Cleland Lake and Paradise Lake water and authigenic carbonate to changes in precipitation and temperature. These hydroclimatic variables, as well as catchment parameters and basin morphology, control water balance and residence time in closed-basin lakes and therefore determine lake geochemical responses to climate dynamics. We did not apply the model to Lime Lake because (in accordance with our study design) it is a hydrologically open system that is largely insensitive to changes in precipitation-evaporation balance, with water and sediment isotope values that reflect variability in the isotopic composition of meteoric water (i.e. precipitation) (Fig. 2). We use these model simulations as a framework for the interpretation of the Cleland Lake and Paradise Lake sediment $\delta^{18}\text{O}$ records.

2.6 Lake model structure

The hydrologic and isotope mass balance model is based on the lake-catchment model of (Steinman et al., 2010b) and is defined by a system of four ordinary differential equations compiled using STELLA® (isee systemsTM) software (Supplemental Information; Table S9). The model consists of two water reservoirs (one representing the lake and one for the catchment/groundwater) that track the volumetric fluxes between them, and calculates the mass balance through time for the lake reservoir by balancing the volumetric addition of precipitation over the lake area and inflow from the catchment/groundwater reservoir against the loss of lake water by evaporation and outseepage through the lakebed. Mass balance for the catchment/groundwater reservoir is determined by the addition of water through a parameterized precipitation input flux and the subtraction of water flowing from the catchment into the lake. All model simulations were conducted on a monthly time step (eight iterations per month) using the fourth-order Runge-Kutta numerical integration method. To adapt the model of Steinman et al. (2010b) to Cleland Lake and Paradise Lake, we made several adjustments, including 1) the

application of a simplified lake water input algorithm that simulates groundwater flow and catchment runoff into the lake, 2) the development of a simplified lake hypsography algorithm that assumes a conic lake shape and requires observations of maximum lake depth and surface area as inputs, and 3) the use of a lake outseepage sub-model based on the method of Steinman et al. (2012), wherein lake bed outseepage varies exponentially as a function of offshore distance. May–July average values are used for model estimates of annual carbonate mineral isotope values. This assumption is based on observational and theoretical evidence that carbonate mineral precipitation principally occurs in the late spring/early summer due to the effect of primary productivity on pH, warmer water temperatures, and increases in alkalinity and Ca^{2+} ion concentrations from evaporative enrichment (see Section 3.4, below, for references and additional discussion) (Steinman et al., 2013). The model presented here therefore provides an approximation of the general hydrology and isotope dynamics of a small, non-stratified, closed-basin lake that precipitates carbonate minerals in the warm season.

2.7 Lake model inputs

Model simulations utilized monthly weather data derived from gridded observational data products and climate model reanalysis experiments (Table S1). Local weather station data averages were not applied because they spanned too short a time period to provide robust estimates of local climatology, and they may not be regionally representative given localized heterogeneity in climate. Average monthly precipitation (P) and temperature (T) were determined using the University of Delaware terrestrial precipitation and temperature series (0.5 degree spatial resolution) (AD 1900–2010) (version 3.0.1). Average monthly incoming solar insolation (R_s), relative humidity (RH) and wind speed (WS) were determined using data from the NOAA 20th Century Reanalysis Project (v2) (AD 1871–2010) (Compo et al., 2011). Extraterrestrial solar insolation (R_a) is calculated in the model based on latitude and Julian day number using equations described by Valiantzas (2006). Average lake water temperature (T_w) is estimated to be +2.5 °C relative to air temperature based on measurements of other, similar lake systems (Steinman et al., 2010b). Monthly $\delta^{18}\text{O}$ and δD values of precipitation were approximated using interpolated values (waterisotopes.org) (Bowen and Revenaugh, 2003) and were not adjusted during the temperature sensitivity tests. Hence the temperature effects on the

extent of rainout and water vapor fractionation via Rayleigh distillation (Rozanski et al., 1992) are not considered in the simulations. Initial lake surface area and maximum depth were estimated using bathymetric data, satellite imagery and topographic maps (Figs. S2-S4).

2.8 Lake model calibration

In the first series of model simulations the model calibration constants (C_{CP} , C_{IN} , and C_{EXP}) were iteratively adjusted to balance the model at lake depths and $\delta^{18}\text{O}$ values consistent with observations (similar to the methodology of (Steinman et al., 2010b)) (Fig. S5). The catchment precipitation constant (C_{CP}) determines the flux of water as a function of precipitation minus potential evapotranspiration ($P-PET$) into the catchment/groundwater reservoir (RES_{CG}). Steady-state simulations were conducted for both Cleland Lake and Paradise Lake in which C_{CP} was adjusted downward from a large initial value (larger values produce greater catchment water influx to the lake), while simultaneously decreasing the outseepage function power (C_{EXP}) (larger values produce increased through-flow), until the lake depth and water $\delta^{18}\text{O}$ values were similar to observations. After balancing the model at steady state, the catchment inflow delay constant (C_{IN}) was assigned a value of 0.1 for both lakes, which reduced inflow to the lake (F_{IN}) values to 10 % of RES_{CG} , in order to approximate precipitation transit times through the catchment via surface and groundwater pathways. With this calibration the model simulations produced a realistic pattern of seasonal lake water $\delta^{18}\text{O}$ variations, with minimum values in May, maximum values in October, and mean May–July values of -6.4 ‰ and -15.9 ‰ for Cleland and Paradise, respectively, (Fig. S5) which are very similar to measured water isotope values (Fig. 2, inset). In addition, model average May–July aragonite and calcite $\delta^{18}\text{O}$ values (~6.1 ‰ for Cleland, ~15.4 ‰ for Paradise) are similar to measured 20th century values in the sediment cores, reinforcing the efficacy of the model in simulating Cleland Lake and Paradise Lake water and sediment isotope dynamics.

2.9 Lake model sensitivity to climate variables

The objective of this set of experiments was to determine the long-term hydrologic and isotopic sensitivity of Cleland Lake and Paradise Lake to temperature and precipitation changes.

Each set of sensitivity tests spanned over 2,000 model months (167 years) and used modern catchment parameters and average, monthly climate data as model inputs. In the 1,000th month, the tested climate variable was either increased or decreased by a constant amount and maintained until the end of the test. The effect of changes in both seasonal and annual climate was investigated by varying warm (April–September) and cold (October–March) season temperature and precipitation on a monthly basis, as well as annual mean/total values over a two standard deviation range constrained by observational data. For example, in the annual precipitation sensitivity tests, precipitation for each month was changed by $\pm 12\%$; whereas in the cold season precipitation tests, values in the months of October–March were changed by $\pm 12\%$. The values chosen for the sensitivity experiments ($\pm 0.6\text{ }^{\circ}\text{C}$ for temperature and $\pm 12\%$ for precipitation) were determined by calculating the mean standard deviation of the 20 year moving average of the annual, cold and warm season temperature and precipitation series for the Cleland Lake location and doubling this value for the experiments. For example, the mean of standard deviations of the cold, warm, and annual 20 year moving averages is $\sim 0.3\text{ }^{\circ}\text{C}$, so two times this value (i.e., $\pm 0.6\text{ }^{\circ}\text{C}$) was used in the temperature sensitivity tests. This method for calculating the limits of the sensitivity experiments utilizes observed multidecadal variability in climate to provide constraint in the simulations rather than arbitrarily chosen values. To ensure consistency in the study design between sites, the same climate forcing values were applied to the Paradise Lake model. Late spring/early summer average (May–July) $\delta^{18}\text{O}$ values were assessed to account for the timing of carbonate mineral precipitation in response to algal blooms, evaporative enrichment, and water temperature increases.

2.10 Significance of middle and late Holocene proxy value differences

We conducted one tailed t-tests to assess the statistical significance of the differences in average proxy record values from the middle and late Holocene (Table 1). The records were interpolated at a spacing equivalent to their approximate average time resolution. To account for redness in the data we adjusted the degrees of freedom by dividing the number of data points from each time period by the decorrelation time $(1 + \rho) / (1 - \rho)$, where ρ is the lag-1 autocorrelation.

2.11 Climate model simulation analyses

To provide support for interpretations of the lake $\delta^{18}\text{O}$ records, we analyzed output from two mid-Holocene (6,000 yr BP) simulations conducted as part of the Paleoclimate Model Intercomparison Project Phase 3 (PMIP3) (Braconnot et al., 2012). Modeled precipitation minus evaporation balance (mm/day), surface pressure (Pa), and surface wind speed (m/s) anomalies were determined for each model grid cell by calculating the difference between monthly climatology values in the mid-Holocene and preindustrial control simulations from the Coupled Model Intercomparison Project Phase 5 (CMIP5), the latter of which are forced with boundary conditions from the year AD 1850 (Taylor et al., 2012). The models are the Max Planck Institute Earth System Model version P (MPI-ESM-P) (Jungclaus et al., 2013) and the Meteorological Research Institute Coupled Global Climate Model version 3 (MRI-CGCM3) (Yukimoto et al., 2012). MPI-ESM is a comprehensive Earth System Model that includes components for the ocean, atmosphere, land surface, aerosols, and sea ice that are coupled through the exchange of energy, momentum, water and important trace gases such as carbon dioxide. MPI-ESM-P is the low resolution (LR) version (1.875° spatial resolution) of MPI-ESM configured for paleoclimate simulations and does not include a dynamic vegetation sub-model. MRI-CGCM3 (1.125° spatial resolution) is an ocean-ice, atmosphere, land, and aerosol general circulation model. The MPI-ESM-P mid-Holocene simulations spanned 100 years with a control simulation length of 1000 years. The MRI-CGCM3 mid-Holocene and control experiments spanned 100 and 500 years, respectively. The orbital parameters of the mid-Holocene experiments were consistent with Earth's configuration at 6000 yr BP, including adjustments to obliquity, eccentricity, and perihelion (precession). Atmospheric methane concentrations were adjusted to a mid-Holocene value of 760 ppb, an increase relative to the preindustrial control simulation value of 650 ppb. All other model boundary conditions including the date of the vernal equinox (March 21st at noon), other trace gas concentrations (CO_2 , N_2O , CFC, and O_3), aerosols, the solar constant ($1,365 \text{ W/m}^2$), ice sheets, and topography and coastlines were identical to those of the preindustrial control experiments.

3. Results and Discussion

3.1 Sources of water and sediment $\delta^{18}\text{O}$ variability

Many climatic variables including temperature, humidity, precipitation amounts, seasonality and their effects on the isotopic composition of precipitation influence lake water and authigenic CaCO_3 $\delta^{18}\text{O}$ values, leading to complex lake responses to climate change (Benson and Paillet, 2002; Gat, 1995; Gonfiantini, 1986; Hostetler and Benson, 1994; Jones and Imbers, 2010; Shapley et al., 2008; Steinman et al., 2013, 2010b). In general, the ^{18}O (and deuterium) content of lake water increases when conditions are drier (and lake levels are lower) due to preferential removal of the lighter ^{16}O isotope from the water by evaporation, and reduced inflow of ^{18}O depleted meteoric water (Craig and Gordon, 1965; Dinçer, 1968; Gat, 1981; Gonfiantini, 1986; Leng and Marshall, 2004). When conditions are wetter (and lake levels are higher and/or overflow volume is greater) the opposite effect occurs. More specifically, in closed-basin lakes that lose water almost entirely through evaporation (and very little through outseepage or overflow), changes in temperature and relative humidity (which control evaporation rates and equilibrium and kinetic fractionation) are the strongest influences on lake water and sediment $\delta^{18}\text{O}$ values on longer timescales (i.e., decadal to centennial) (Gat, 1981; Gibson et al., 2002; Horita and Wesolowski, 1994; Merlivat and Jouzel, 1979; Shapley et al., 2008; Steinman and Abbott, 2013; Steinman et al., 2010b). Lakes with this type of hydrology will exhibit a large transient isotopic response to mean state shifts in precipitation-evaporation balance, but will not exhibit a corresponding mean state isotopic shift because the proportion of water lost through evaporation cannot substantially change. Conversely, in open-basin lakes that lose the vast majority of water through groundwater seepage or overflow, the isotopic composition of meteoric water is the primary influence on lake oxygen isotope content, with secondary control by temperature and relative humidity (Leng and Marshall, 2004). This occurs because changes in precipitation-evaporation balance do not strongly affect the proportion of water lost through fractionating versus non-fractionating outflow pathways in lakes that remain open even when climate becomes substantially drier. Notably, lakes that fall in between these two end members (such as Paradise and Cleland, which model simulations suggest lose ~12% and ~80% of water through evaporation, respectively) will exhibit a strong mean state isotopic response to changes in hydrologic balance driven by long-term changes in precipitation amount (Steinman and Abbott, 2013; Steinman et al., 2010b). This occurs because such lakes are subject to large

changes in the proportion of water lost through evaporation versus outseepage and overflow in response to hydrologic forcing.

Closed-basin lakes such as Cleland and Paradise often exhibit considerable intra- and inter-annual variability in response to climate and are in a constant state of hydrologic and isotopic disequilibrium (Gibson, 2002; Gibson et al., 2002; Steinman et al., 2013, 2010a). In these settings, high frequency (e.g., sub-decadal) variability in the isotopic composition of lake sediment is primarily controlled by inter-annual climate variations and is less influenced by low frequency (e.g., decadal to centennial) climate variability. Over longer timescales, high frequency responses are averaged to produce isotopic values that are primarily a function of mean state climate conditions (i.e., the long-term average) and to a lesser extent shorter timescale climate variability, which affect lake hydrologic balance through non-linear catchment runoff responses to precipitation forcing (Steinman et al., 2012, 2010a).

Field observations and measurements of lake water level and isotopic values (Fig. 2) provide insight into intra- and inter-annual lake responses to seasonality and short timescale climate variability. Over a five-year observational period (AD 2009-2014) Cleland Lake exhibited substantial lake-level and isotopic changes. The lake water is alkaline (~660 mg/l) with surface water $\delta^{18}\text{O}$ values that averaged -6.1 ‰ (N=7). The Cleland Lake level dropped visibly between July 2009 and August 2010 during which the water isotope values increased by 1.3 ‰ (Fig. 2, inset); lake level increased by ~1 m between August 2010 and August 2011 while $\delta^{18}\text{O}$ values decreased by 1.7 ‰. Over a six-year observational period (AD 2006-2012) Lime Lake surface water $\delta^{18}\text{O}$ values averaged -15.1 ‰ (N=10) and lake level did not appreciably change. Paradise lake was sampled only twice due to its relatively remote location, and the surface water $\delta^{18}\text{O}$ values averaged -15.6 ‰. Both Lime Lake (~210 mg/L) and Paradise Lake (~100 mg/L) are alkaline.

Cleland and Paradise water isotope values plot along the local evaporation line (Fig. 2), indicating substantial water losses through evaporation relative to non-fractionating outflow pathways (i.e., overflow and outseepage through the lake bed), further suggesting that Cleland Lake and Paradise Lake are isotopically and hydrologically sensitive to shifts in precipitation-evaporation balance. Conversely, Lime Lake water isotope values plot at the intersection of the local evaporation line and the meteoric water line, indicating that changes in precipitation-evaporation balance are not a strong influence on Lime Lake hydrology and isotope dynamics.

This observational dataset forms the basis for our interpretation that the Cleland Lake and Paradise Lake oxygen isotope records principally reflect past changes in precipitation-evaporation balance, and that the Lime Lake record provides information on variability in the isotopic composition of precipitation.

3.2 Age models

In the surface sediments of each lake the maximum ^{137}Cs activity (resulting from the radionuclide fallout peak in AD 1963) is generally concomitant (i.e., either within, or nearly within, the 2σ uncertainty range) with the ^{210}Pb defined age (Fig. 3 inset; Tables S2-S4). At all three lakes, long-term sedimentation rates were generally steady throughout the middle to late Holocene and averaged ~ 0.3 mm/yr for Cleland and Paradise and ~ 0.4 mm/yr for Lime, with an apparent increase during the historical period that is largely a result of greater sediment compaction at depth.

3.3 Lake model sensitivity simulations

To assess Cleland and Paradise lake sensitivity to longer timescale (i.e. multidecadal to centennial) climate change we conducted steady-state lake model simulations in which climate variables in different seasons were changed by a fixed amount. We did not model Lime Lake because open-basin lake water isotope values reflect that of meteoric water and are not substantially influenced by evaporation. In separate simulations, cold season, warm season, and annual temperature and precipitation were changed by ± 0.6 °C and ± 12 %, respectively. This ensemble structure allows direct comparison of lake responses to climate forcing in different seasons.

Changes in atmospheric temperature influence lake hydrologic and isotopic balance by altering evaporative flux from the lake surface (Valiantzas, 2006), catchment evapotranspiration rates (Thornthwaite, 1948), normalized relative humidity values (Merlivat and Jouzel, 1979), and the liquid-vapor equilibrium fractionation factor for evaporating water (Horita and Wesolowski, 1994). At both Cleland and Paradise, model simulations of cold season changes in temperature produced steady-state (May–July average) isotopic offsets in both water and CaCO_3 of less than

±0.06 ‰, and were directionally consistent (Fig. S6). Warm season temperature changes produced mean isotopic offsets that were similar in magnitude (less than ±0.08 ‰), but directionally opposite that of the winter values due to the influence of water temperature changes on the CaCO₃-water equilibrium fraction factor (see equation 7 in Supplemental Information). When temperatures increase, for example, the CaCO₃-water fractionation factor decreases (Kim and O'Neil, 1997; Kim et al., 2007), leading to an isotopic depletion of CaCO₃ that is larger in magnitude than the isotopic enrichment resulting from higher evaporation rates and reduced catchment water influx to the lake. Annual atmospheric temperature changes of ±0.6 °C resulted in average (May–July) water and CaCO₃ δ¹⁸O offsets of less than ±0.12 ‰, suggesting that lake isotope dynamics are relatively insensitive to temperature changes.

The lake model simulation results demonstrate that Cleland and Paradise lake water and authigenic CaCO₃ δ¹⁸O values are highly sensitive to cold season precipitation amounts and the resulting influence on lake hydrology (Figs. 4,S6). In response to cold season precipitation changes of ±12 %, Cleland and Paradise exhibited mean state water and CaCO₃ δ¹⁸O variations of less than ±0.57 ‰ (Fig. S7 depicts corresponding depth changes). In contrast, warm season precipitation changes of ± 12 % produced much smaller steady-state oxygen isotope variations of less than 0.04 ‰. For both lakes the isotopic responses to warm season precipitation variability were much lower in magnitude than the cold season responses due to the offsetting effects on lake water and sediment isotope values of changes in both the hydrologic balance and the isotopic composition of precipitation. For example, in the case of Paradise Lake an increase in warm season precipitation produced a slight increase in water and CaCO₃ δ¹⁸O values (rather than the expected decrease commonly associated with positive hydrologic balance anomalies) (and vice versa) due to the substantially more enriched δ¹⁸O values of warm season precipitation. Additionally, the much stronger response of lakes to changes in cold season precipitation (which has been identified in observational and modeling studies of other lakes (Steinman and Abbott, 2013; Steinman et al., 2012)) occurs in part because evapotranspiration rates are high enough in the warm season (even in years with relatively cool warm seasons) to prevent precipitation from saturating catchment soils and either surficially flowing into or entering the lake via groundwater.

Although not simulated here, relative humidity is an additional, potentially strong influence on water and CaCO₃ δ¹⁸O values through control of the kinetic isotopic separation and

resulting effect on the oxygen isotope content of evaporating water (Araguás-Araguás et al., 2000; Craig and Gordon, 1965; Merlivat and Jouzel, 1979). Given that higher relative humidity values usually occur when conditions are wetter (e.g., precipitation amounts are greater), it is likely that a significant amount of variability in the Cleland and Paradise lake $\delta^{18}\text{O}$ records can be explained by changes in relative humidity. For example, increases in summer precipitation would lead to increased relative humidity and a consequent decrease in evaporation rates and kinetic isotopic separation during evaporation, and vice versa. Under these conditions, relative humidity changes resulting from greater precipitation amounts would amplify the hydrologic and isotopic response of the lake to precipitation variability.

3.4 Lake sediment $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ variability

In lakes with high alkalinity and calcium ion concentrations, carbonate minerals will precipitate from the water column and remain preserved in the sediment in response to evaporative concentration of dissolved ions in the warmer months, as well as photosynthetically mediated increases in pH and consequent shifts in carbonate speciation toward the CO_3^{2-} phase (Hodell et al., 1998; Kelts and Hsu, 1978; Koschel et al., 2011; Koschel, 1997; Raidt and Koschel, 1988; Sondi and Juracic, 2010; Thompson et al., 1997). The CaCO_3 forms in equilibrium with the dissolved inorganic carbon (DIC) pool and oxygen in lake water, effectively ‘recording’ the water isotopic composition, with a secondary influence by lake water temperature on the calcite-water oxygen isotopic separation (Kim and O’Neil, 1997; Kim et al., 2007). As such, the isotopic composition of authigenic CaCO_3 preserved in lake sediment provides an informative paleoclimate proxy for past changes in either hydrologic balance (in the case of closed-basin lakes) or the isotopic composition of precipitation (in the case of open-basin lakes) in response to hydroclimate variability (Benson and Paillet, 2002; Jones and Roberts, 2008; Leng and Marshall, 2004; Shapley et al., 2008; Steinman and Abbott, 2013; Steinman et al., 2010b; Talbot and Kelts, 1990; Talbot, 1990).

Covariance between oxygen and carbon isotope values in sedimentary carbonates can provide information about the degree of hydrologic closure of a lake system (Horton et al., 2016; Li and Ku, 1997; Talbot and Kelts, 1990; Talbot, 1990). For example, $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values are typically more strongly covariant in closed-basin lakes (unless alkalinity is exceedingly large,

i.e., in the case of hyper-saline lakes) and weakly covariant in open-basin lakes. The principal mechanism responsible for this response is the freshwater dilution effect on the isotopic composition of DIC and water. In closed-basin lakes, the influence of evaporation and primary productivity increase the oxygen and carbon isotopic composition of the water and DIC pool relative to that of inflowing water. When climate is wetter and lake volume is greater, more isotopically depleted water enters from the catchment leading to a decrease in the water ($\delta^{18}\text{O}$ and δD) and DIC ($\delta^{13}\text{C}$) isotopic values, and vice versa. In an open-basin system lake water that is not substantially affected by evaporation, the isotopic composition of carbon and oxygen is consistent with that of inflowing meteoric water, such that changes in lake productivity and the effect of temperature on the calcite-water equilibrium isotopic separation are the principal controls on the isotopic composition of DIC and carbonate minerals precipitating from the water column, respectively.

The $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values of authigenic CaCO_3 at Cleland Lake are strongly covariant ($r=0.74$) (Fig. 5), signifying that closed-basin conditions prevailed for the majority of the Holocene and that lake hydrologic and isotopic balance were strongly influenced by changes in precipitation-evaporation balance. At Paradise Lake, the $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values of CaCO_3 are weakly covariant overall ($r=0.23$), suggesting greater hydrologic through-flow and more open-basin conditions relative to Cleland. There are pronounced periods of both strong and weak covariance in the Paradise Lake record during the late Holocene, with the most positive values centered around $\sim 2,250$ yr BP and $\sim 1,100$ yr BP, and negative values centered at $\sim 1,450$ yr BP. Oxygen and carbon isotope values in sediment from Lime Lake are negatively correlated ($r=-0.36$), characteristic of a hydrologically open-basin system. The strong positive correlation centered at $\sim 4,200$ yr BP corresponds with the most depleted $\delta^{18}\text{O}$ and $\delta^{13}\text{C}$ values of the Holocene and may be the result of reduced temperature seasonality, weakened lake stratification and cycling of organic matter from the lake sediment back into the DIC pool. Similar, positive $\delta^{18}\text{O}$ - $\delta^{13}\text{C}$ relationships have been observed in open-basin lakes located in central North America (Drummond et al., 1995).

The average $\delta^{18}\text{O}$ value of Cleland Lake sediment from 7,600–2,600 yr BP is -6.5 ‰, substantially lower than the mean value of -5.4 ‰ from 2,200 yr BP to present, indicating a wetter mid-Holocene and drier conditions during the late Holocene (Fig. 6). Oxygen isotope values are markedly lower from $\sim 2,600$ – $2,200$ yr BP, with a mean value of -8.8 ‰, signifying

anomalously wet conditions during a multiple century interval spanning the middle to late Holocene transition. Paradise Lake $\delta^{18}\text{O}$ values vary between -15.4 and -18.8 ‰ with the lowest values occurring in sediment from the mid-Holocene and the highest values in the late Holocene, a trend that is generally consistent with the Cleland Lake data. There are notable differences between the records, however, including the incoherence at ~2,400 yr BP and after ~1,500 yr BP, at which point the Paradise Lake $\delta^{18}\text{O}$ values begin to increase substantially while the Cleland Lake values vary around a roughly constant mean value. These disparities are likely the result of spatial heterogeneity in climate of the Pacific Northwest as well as differences in lake responses to climate forcing. Lime Lake $\delta^{18}\text{O}$ values exhibit substantially less variability than those of Cleland and Paradise and generally follow a slightly increasing trend from a mean of -15.1 ‰ from 7,600–4500 yr BP to a mean of -14.7 ‰ after 4,500 yr BP. This positive trend in Lime Lake isotope values can be explained by colder winter temperatures (which enhance upstream rainout and produce more depleted atmospheric water vapor) (Rozanski et al., 1992), greater winter precipitation, or disparate water vapor sources during the mid-Holocene relative to present.

Changes in the isotopic composition of precipitation cannot explain the late Holocene shift to more positive values in the Cleland and Paradise sediment oxygen isotope data. The Lime Lake record indicates that isotope values in precipitation increased slightly throughout the Holocene but not to an extent that explains the substantial enrichments in both the Cleland and Paradise records. Additional support for this inference is provided by the Oregon Caves National Monument speleothem (Ersek et al., 2012) and Jellybean Lake sediment (Anderson et al., 2005), which indicate a late Holocene shift in precipitation $\delta^{18}\text{O}$ values of <0.4 ‰, substantially smaller than the >1.0 ‰ change in the Cleland and Paradise records (Fig. 7). Mid-Holocene simulations conducted using an isotope enabled global atmospheric model further support the paleo-proxy results, suggesting that oxygen isotope values in precipitation were depleted by ~0.5 ‰ during the mid-Holocene in the Pacific Northwest (Liu et al., 2014).

3.5 Paleoclimate data from the Pacific Northwest

In the following paleoclimate data synthesis, we focus on the mid-Holocene, which we define here as 7,500–2,500 yr BP. We concentrate on the 6,000 yr BP time period, which is of

particular interest because, relative to the early Holocene, Northern Hemisphere summer insolation levels were still high, winter insolation levels were low, and continental ice sheets were not present (other than those of Antarctica and Greenland). The 6,000 yr BP time period therefore provides insight into climate responses to insolation forcing in the absence of ice sheets from the last glacial maximum and their potential influence on synoptic atmospheric patterns (and with minimal influence by differences in greenhouse gases and volcanic forcing relative to present). Notably, in most studies published before AD 1990, chronologies are discussed in uncalibrated radiocarbon years before present. In many cases these records were dated using bulk sediment rather than macrofossils and therefore were more likely affected by radiocarbon reservoir effects that often lead to ages that are older than the true age of deposition. These limitations make it difficult to discern the timing of events in comparative syntheses that involve older datasets. Hence, our objective is not to characterize the exact timing of transitions from the middle to late Holocene, but rather to discuss the general pattern of Holocene climate change.

The Cleland and Paradise Lake $\delta^{18}\text{O}$ records are generally consistent with a visible derivative spectroscopy (VDS) analysis of sediment (different cores and age models than are discussed here) from Cleland Lake (Mihindukulasooriya et al., 2015) and with some proximal paleoclimate records from the region. Analyses of sediment from Felker Lake (diatom assemblage and pollen speciation) (Galloway et al., 2011) and Dog Lake (based on chara accumulation rates) (Hallett and Hills, 2006) suggest higher lake levels resulting from a wetter climate during the mid-Holocene followed by lower lake levels and drier conditions during the late Holocene (Fig. 7; Table 1). A multi-proxy paleolimnological record (pollen, algal pigment, and diatom assemblage analysis) from Big Lake, southern British Columbia, indicates drier conditions from 7,500–6,600 yr BP, and a wet interval from 6,600–3,600 yr BP followed by moderately dry conditions in the late Holocene from 3,600 yr BP to present (Bennett et al., 2001). Lithological analysis of sediment from Mahoney Lake, south-central British Columbia indicates a period of sustained high lake levels from 4,900–2,700 yr BP and lower lake levels from 2,700–1,600 yr BP (Lowe et al., 1997). Less proximal records that are generally consistent with this pattern include the Oregon Caves National Monument (OCNM) speleothem $\delta^{13}\text{C}$ data, which indicate less precipitation during the late Holocene (Ersek et al., 2012), and the Crevice Lake $\delta^{18}\text{O}$ record which suggests that winter precipitation amounts declined from the middle to late Holocene (Whitlock et al., 2012). The $\delta^{18}\text{O}$ record from Castor Lake, north-central

Washington, also provides support for this pattern, demonstrating a subtle, gradual transition toward decreased winter precipitation in the late Holocene (Nelson et al., 2011). Located inland from the Gulf of Alaska, the Marcella Lake $\delta^{18}\text{O}$ record indicates that climate was less humid and generally drier in the mid-Holocene relative to present (Anderson et al., 2007). Several pollen records from British Columbia also support this pattern of a relatively wetter mid-Holocene (Hebda, 1995). The differences between the middle and late Holocene average lake proxy record values (depicted in Figure 7) are statistically significant at the >90% confidence level, with the differences in the lake sediment $\delta^{18}\text{O}$ average values significant at the >99% level. Collectively, these datasets suggest that in the Pacific Northwest, particularly central/southern British Columbia, the mid-Holocene was wetter relative to present day.

The preponderance of regional evidence, however, indicates the opposite pattern; namely, that in the greater Pacific Northwest region, the mid-Holocene was drier than the late Holocene. Support for this inference is provided by pollen records from a wide range of locations throughout the Pacific Northwest (Hebda, 1995; Ritchie and Harrison, 1993; Whitlock and Brunelle, 2006; Whitlock, 1992) including eastern/central Oregon (Sea and Whitlock, 1995; Wigand, 1987), British Columbia (Heinrichs et al., 2002, 2001; Mathewes and King, 1989; Mathewes, 1985; Pellatt et al., 2000, 1998; Reasoner and Hickman, 1989), Idaho (Beiswenger, 1991; Brunelle and Whitlock, 2003; Doerner and Carrara, 2001; Mack et al., 1978a; Pierce et al., 2004; Whitlock et al., 2011), eastern Washington (Mack et al., 1979, 1978b, 1978c; Whitlock, 1992), western Montana (Mack et al., 1983; Mehringer Jr. et al., 1977; Power et al., 2006), and northwestern Wyoming (Baker, 1976; Huerta et al., 2009; Millspaugh et al., 2004, 2000; Whitlock and Bartlein, 1993; Whitlock, 1993), the vast majority of which indicate higher summer temperatures and/or lesser precipitation amounts during the mid-Holocene. Diatom and chironomid assemblage data from southern British Columbia (Chase et al., 2008; Heinrichs et al., 1999; Palmer et al., 2002; Pellatt et al., 2000; Reasoner and Hickman, 1989; Rosenberg et al., 2004), and northwestern Montana (Stone and Fritz, 2006) provide additional evidence in support of this pattern. The Crevice Lake multi-proxy record from southwestern Montana (northern Yellowstone National Park) is particularly insightful in that it provides information on climate in various seasons (Whitlock et al., 2012). Pollen from Crevice Lake sediment cores supports the idea of a drier mid-Holocene and a wetter late Holocene; whereas the Crevice Lake $\delta^{18}\text{O}$ record indicates that winters were wetter in this region during the mid-Holocene. Analyses of lake-level

changes in western Montana and northwestern Wyoming (Shuman et al., 2010, 2009) from sedimentology (grain size) and seismic surveys further support the notion of a dry mid-Holocene. These datasets are generally consistent with numerous other palynological studies from British Columbia that suggest a warmer and likely drier climate during the mid-Holocene from ~7,800–5,100 yr BP (Hebda, 1995).

In order to reconcile the markedly contrasting perspective on mid-Holocene climate provided by these two groups of proxy records, we assert that mid-Holocene climate in the Pacific Northwest was characterized by enhanced seasonality of both temperature and precipitation, such that conditions were wetter in the cold season due principally to greater precipitation amounts, and drier in the warm season due to lesser precipitation amounts and higher temperatures, relative to present. This scenario produced drier overall climatic conditions (due to a substantially reduced summer precipitation-evaporation balance) that were recorded by some lake sediment (and other paleo-archive) proxies. The disparity between these datasets and the lake sediment oxygen and carbon isotope records can be explained by the inherent cold season sensitivity of closed-basin lake hydrology and isotope dynamics (as evinced by the lake model climate sensitivity simulations). The low $\delta^{18}\text{O}$ values in closed-basin lake sediment from this time therefore resulted from greater precipitation amounts and cooler temperatures (which reduced evapotranspiration) during the cold season, and comparatively lesser sensitivity to the substantially drier conditions that occurred during the warm season.

3.6 Holocene changes in synoptic patterns of ocean-atmosphere variability

Differences between orbital parameters at 6,000 yr BP and present are the primary reason for the climatic disparity between the two time periods. Radiative forcing at the top of the atmosphere was greater during summer in the northern hemisphere and lesser during winter, and the lengths of the seasons were shifted such that summers were shorter (by 4–5 days) and winters were longer (Berger, 1978). This led to increased insolation in the shorter summer season. Earth's obliquity was also greater at 6,000 yr BP, resulting in increases in summer and annual mean insolation in the high latitudes of both hemispheres. These differences in orbital parameters (mainly in precession) produced changes in the length and amplitude of the seasons relative to present, which influenced the evolution of lacustrine phototrophic communities

(Mihindukulasooriya et al., 2015) and directly forced climate in western North America by increasing summer temperature and evapotranspiration and likely increasing the spatial extent and temporal length of winter snowpack as a result of lower winter temperatures. Furthermore, higher summer insolation amounts affected climate in the Northern Hemisphere through effects on the global ocean atmosphere system, particularly in the tropical Pacific (Bartlein et al., 1998; Braconnot et al., 2012, 2011, 2006; Diffenbaugh et al., 2006; Harrison et al., 2003; Kutzbach et al., 1998, 1993; Liu et al., 2000; Shin et al., 2006; Zheng et al., 2008).

Modeling experiments (An and Choi, 2014; Brown et al., 2008; Chiang et al., 2009; Clement et al., 2001, 2000; Donders et al., 2008; Emile-Geay et al., 2007; Liu et al., 2000; Zheng et al., 2008) and analyses of paleo-proxy data (Barron and Anderson, 2011; Conroy et al., 2008; Donders et al., 2005; Jones et al., 2015; Koutavas and Joanides, 2012; Koutavas et al., 2006; Marchant et al., 1999; Marchitto et al., 2010; Moy et al., 2002; Rein et al., 2005; Riedinger et al., 2002; Rodbell et al., 1999; Stott et al., 2007, 2004) have shown that changes in ENSO throughout the Holocene were likely driven by ocean-atmosphere feedbacks in the Pacific and Atlantic ocean basins combined with the influence of direct insolation forcing (Fig. 8; Table 1). The majority of this work suggests that the tropical Pacific was characterized by an attenuation of ENSO variance (Conroy et al., 2008; Koutavas and Joanides, 2012; Koutavas et al., 2006; Moy et al., 2002; Rein et al., 2005; Riedinger et al., 2002; Rodbell et al., 1999), a more La Niña-like mean state (Marchitto et al., 2010; Stott et al., 2007, 2004), and a more northerly position of the ITCZ (Haug et al., 2001), which affected climate teleconnections on a global scale. Several notable studies, however, do not support these conclusions, indicating that we do not fully understand the state of the tropical Pacific Ocean during the mid-Holocene. Cobb et al., (2013), for example, present coral $\delta^{18}\text{O}$ records from the Palmyra islands that (intermittently) span the past 7,000 years and indicate that mid-Holocene ENSO activity was not substantially attenuated; they further claim that forced changes in ENSO may be difficult to detect against a background of large internal variability. Sea surface temperature (SST) records derived from measurements of Mg/Ca ratios and $\delta^{18}\text{O}$ values of foraminifera in ocean sediments from the eastern Pacific cold tongue and west pacific warm pool indicate a cooler eastern tropical Pacific (Marchitto et al., 2010), a warmer western tropical Pacific, and a reduction in ENSO variance (Koutavas and Joanides, 2012; Koutavas et al., 2006; McGregor and Gagan, 2004) during the mid-Holocene. The La Niña-like sea surface temperature pattern likely enhanced the equatorial trade winds (An,

2011) and upwelling along the Peru margin prior to 4,000 yr BP, as suggested by mollusk midden assemblages (Sandweiss et al., 2001, 1996). However, this inference is in disagreement with foraminifera assemblage and $\delta^{18}\text{O}$ records from the central Chilean coast, which indicate less intensive upwelling during the mid-Holocene (Marchant et al., 1999; Mohtadi et al., 2004). Disparity between these records implies that the exact location and timing of ocean circulation changes for the tropical South American coast is not entirely understood. Lake sediments from Ecuador (Moy et al., 2002; Rodbell et al., 1999) and the Galapagos Islands (Conroy et al., 2008; Riedinger et al., 2002), geo-archeological evidence from coastal Peru (Sandweiss et al., 1996), and corals from Papua New Guinea (Tudhope et al., 2001) indicate either a more La Niña-like mean state or an attenuation of ENSO variance during the mid-Holocene, and that after ~3,500 yr BP ENSO gradually strengthened in transition to the modern configuration.

Several studies from northerly Pacific locations suggest that during the mid-Holocene the Pacific and Atlantic ocean-atmosphere systems were in substantially different configurations relative to present day. Oxygen isotope records from the northeastern Pacific basin (Anderson et al., 2005; Fisher et al., 2008) provide insight into Gulf of Alaska atmospheric circulation during the Holocene that appear to show generally weak Pacific Ocean forcing with attenuated ENSO/PDO-like variability during the mid-Holocene, an assertion supported by records of biologic productivity from the Gulf of Alaska (Addison et al., 2012; Barron and Anderson, 2011; Barron et al., 2009). An ice rafted debris (IRD) record from the Kara Sea provides insight on atmospheric pressure patterns and winds associated with the NAM (Darby et al., 2012) (Fig. 8). Low IRD fluxes from 7,500–3,000 yr BP indicate more negative NAM/AO conditions (consistent with (Sachs, 2007)); however, sea surface temperature reconstructions from the Red Sea, Atlantic and Mediterranean Oceans contradict these results, indicating a more positive AO/NAO during the mid-Holocene (Kim et al., 2004; Rimbu, 2003; Rimbu et al., 2004). These apparent contradictions in paleo-records from the Atlantic and Pacific Ocean basins make it difficult to interpret paleoclimate proxy records from the mid-Holocene in the context of changes in the NAM.

Climate model analyses of ENSO responses to mid-Holocene insolation forcing provide insight into the specific physical mechanisms responsible for the different climatic configuration at this time. For example, early work using an intermediate complexity ocean-atmosphere model (Zebiak and Cane, 1987) forced by orbital precession (Clement et al., 2001, 2000; Emile-Geay et

al., 2007), as well as some fully coupled models from the PMIP2 (Braconnot et al., 2007; Zheng et al., 2008) and PMIP3 projects (An and Choi, 2014; Braconnot et al., 2012) (in which boundary conditions were fixed) indicate reduced ENSO variability at 6,000 yr BP relative to that of the recent, preindustrial time period (i.e. AD 1850). In the intermediate complexity model simulations, the mid-Holocene attenuation of ENSO results from the following mechanism: an insolation driven surface heating occurs during boreal summer that produces an easterly wind anomaly in the Central Pacific that, through ocean-atmosphere interactions associated with the Bjerknes Feedback, cool the eastern tropical Pacific and thereby suppress the development of El Niño events in the fall season when, in the present day configuration, ENSO events develop rapidly. These modeling studies complement ongoing paleoclimate-based studies of past changes in tropical Pacific responses to external forcing.

The lower $\delta^{18}\text{O}$ values at Cleland Lake and Paradise Lake during the mid-Holocene imply that climate was wetter during this time likely as a result of La Niña-like mean state conditions in the tropical Pacific Basin (Fig. 8) that enhanced precipitation and snowpack during the cold season. Although the modern association between La Niña events and cold season hydroclimate responses in the Pacific Northwest (Fig. 1) is an unsuitable analogue for similar relationships during the mid-Holocene (due to climatic non-stationarity resulting from changes in orbital parameters), the strong correlation between the Cleland and Paradise lake records (and several other proximal records) indicates that gradual changes in the ENSO mean state throughout the Holocene influenced hydroclimatic conditions in the Pacific Northwest in a manner at least somewhat consistent with modern ENSO climatology.

3.7 Mid-Holocene Paleoclimate modeling

To test the $\delta^{18}\text{O}$ -derived hypothesis that summer climate was drier and winter climate was wetter (relative to preindustrial conditions, i.e., AD 1850) in the Pacific Northwest during the mid-Holocene, we analyzed output from climate model experiments conducted using MPI-ESM-P and MRI-CGCM3 (described in *Materials and Methods*, above) as part of PMIP3/CMIP5. Comparison of the 6,000 yr BP and preindustrial control simulations provides insight on how mid-Holocene boundary conditions (primarily insolation) could have produced climate conditions consistent with proxy records from the Pacific Northwest, and in particular

the $\delta^{18}\text{O}$ data from Cleland, Paradise, and Lime lakes. Results from these simulations are largely similar to those of other models (Bartlein et al., 2014, 1998; Diffenbaugh and Sloan, 2004; Diffenbaugh et al., 2006; Harrison et al., 2003; Kutzbach et al., 1993; Qin et al., 1998; Shin et al., 2006), indicating generally drier annual conditions in much of the North America west, particularly in the summer months when insolation and temperature were higher (Fig. 9). Analysis of the seasonal trends in the model data reveal a dry warm season throughout much of western North America, with the exception of the southwest, where precipitation amounts were greater in some areas due to an enhanced North American Monsoon (Metcalf et al., 2015). Consistent with our interpretation of the $\delta^{18}\text{O}$ data, the cold season was relatively wetter in much of western North America in the model simulations, particularly along the western coast and in the Pacific Northwest, but was drier in the central and southern Rocky Mountains. Both models indicate a strengthening of westerly wind flow in the Pacific Northwest (Supplemental Information; Figs. S8,S9) and a consequent increase in precipitation in much of coastal western North America during the cold season, particularly in California, Washington, and central/southern British Columbia. In general, results from these climate model analyses provide support for the physical plausibility of our hypothesis that wetter conditions occurred in the PNW in winter, with drier conditions in summer, leading to an overall drier climate but with enhanced seasonality during the mid-Holocene.

The models are generally consistent in simulating a slight increase in winter precipitation-evaporation balance in the northern Rockies (the proxy evidence for which is discussed above), a reduction of winter precipitation in the central and southern Rockies, and marginally wetter conditions in the southwest resulting from greater summer precipitation. Oxygen isotope records of precipitation-evaporation balance changes in northwestern Colorado, which lies close to the axis region of the ENSO / NAM climatology pattern (Fig. 1), indicate that wetter winters occurred during the mid-Holocene (Anderson, 2012, 2011). A variety of paleo-proxy data from lake sediment lithology/geochemistry (southern California) (Li et al., 2008), pollen (Arizona) (Mehring et al., 1967), and midden (Arizona, southern California) (Holmgren et al., 2010, 2006; McAuliffe and Van Devender, 1998) studies suggest that mid-Holocene climate at 6,000 yr BP was wetter than present in some areas of the southwest, perhaps in response to the strengthened North American monsoon (Metcalf et al., 2015). Other studies of lake sediment lithology/geochemistry (southern California, New Mexico, Arizona) (Bird and

Kirby, 2006; Bird et al., 2010; Kirby et al., 2015, 2013, 2012, 2010; Krider, 1998; Menking and Anderson, 2003; Waters, 1989), pollen (New Mexico, Arizona) (Jiménez-Moreno et al., 2008; Markgraf et al., 1984; Weng and Jackson, 1999), and speleothems (Asmerom et al., 2007; Lachniet et al., 2014; Steponaitis et al., 2015), however, are at least somewhat inconsistent with this pattern and instead suggest that drier conditions prevailed at this time. Notably, of the records that indicate dryness at 6,000 yr BP, several (Bird and Kirby, 2006; Bird et al., 2010; Krider, 1998; Waters, 1989; Weng and Jackson, 1999) impart that by 4,000 yr BP climate may have become wetter. Collectively, these data provide support for the model simulations of mid-Holocene climate presented here, although in some regions (e.g. southern California) substantial disparity exists between the model results and proxy data. A complete assessment of paleoclimate information from the southwest in the context of climate model simulations (Harrison et al., 2003, 2015, 2014; Metcalfe et al., 2015) is beyond the scope of this study but would help to reconcile proxy-model inconsistencies and provide further insight into the evolution of the North American monsoon during the Holocene and, in particular, its impact on seasonality of precipitation in the southwest.

3.8 The 2,400 yr BP Cleland Lake isotope anomaly

The Cleland $\delta^{18}\text{O}$ record exhibits several non-stationary negative isotopic shifts from 7,000–6,500 yr BP, 2,600–2,200 yr BP, and 1,100–500 yr BP, with the longest centered around 2,400 yr BP (Fig. 6). During this period $\delta^{18}\text{O}$ values decreased by about 6 ‰ over a relatively short time. Lake model results indicate that an exceptionally (perhaps unrealistically) large, increase in precipitation-evaporation balance is required to force an isotopic change of this magnitude, and point toward other sources of $\delta^{18}\text{O}$ variability, possibly resulting from non-linear lake catchment responses to climate change related to hypsography and/or lake outflow characteristics unaccounted for by the model (Steinman and Abbott, 2013; Steinman et al., 2010b). For example, large isotopic depletions could be caused by surficial overflow (in July 2012 Cleland Lake water levels were ~2 m below the overflow level) due to wetter conditions, which would have reduced the proportion of water lost via evaporation. However, there is no geomorphic evidence of the Cleland Lake outlet having been at a substantially higher elevation in the past. This implies that the anomalous 2,600 yr BP excursion was not associated with a

rapid down-cutting event and a subsequent change in the lake outflow regime, which could erroneously be invoked to explain the mean state isotopic shift to more positive values after 2,400 yr BP. The most likely cause of the excursion is therefore a substantial change in hydroclimatic conditions in at least the immediate vicinity of Cleland Lake. The Felker Lake salinity and lake-level records provide some support for a large, positive shift in precipitation-evaporation balance during this time in Southern British Columbia, but no other records, including that of Dog Lake, which is 33 km from Cleland Lake, support this idea (Fig. 7). Interestingly, a multi-proxy assessment of sediment from Stonehouse Meadow, Nevada, indicates that widespread drought occurred from ~2,800–1,850 yr BP and that the transition to drier conditions occurred rapidly over several hundred years (see Mensing et al., 2013 and references therein). The timing of this large magnitude event is somewhat consistent with the 2,600 yr BP excursion in the Cleland Lake data, although the Stonehouse Meadow event persists for slightly longer, suggesting that opposite hydroclimate responses in the northern and southern regions of western North America may have occurred on centennial timescales at this time in response to Pacific ocean-atmosphere variability (i.e. similar to the modern dipole relationship between precipitation and ENSO (Wise, 2010)). These results underscore the need to consider non-linearity in paleoclimate proxy responses to climate change, as well as the substantial influence of complex topography and orographic effects on regional climate change.

4. Conclusions

Lake modeling analyses combined with historical climate data comparisons indicate that the oxygen isotopic composition of Cleland and Paradise lake sediment is strongly influenced by precipitation-evaporation balance, particularly in the cold season. Isotopic measurements indicate that Lime Lake has a high rate of through-flow, a low proportion of water loss via evaporation, and consequently, water and sediment isotope values that reflect the isotopic composition of meteoric water. Collectively, $\delta^{18}\text{O}$ records from these lakes provide insight into Holocene hydroclimate changes in the Pacific Northwest.

Low $\delta^{18}\text{O}$ values in Cleland Lake sediment from 7,600–2,200 yr BP, (and particularly from 2,600–2,200 yr BP) indicate that cold season climatic conditions in southern British Columbia were wetter at this time, and that after 2,200 yr BP drier conditions prevailed (Fig. 6).

960 Paradise Lake sediment $\delta^{18}\text{O}$ values support the idea of a transition from wetter to drier
961 conditions from the middle to late-Holocene, although the Paradise Lake record indicates a more
962 gradual transition than does the Cleland Lake record and an earlier onset of the drying trend.
963 Isotope data from Lime Lake provide a complimentary perspective, demonstrating that
964 precipitation isotope values generally increased during the Holocene, but to far less of an extent
965 required to explain the large magnitude isotopic shifts in the closed-basin records. These datasets
966 combined with the lake modeling results suggest that mid-Holocene climate in the Pacific
967 Northwest was characterized by lower cold season temperatures and greater cold season
968 precipitation amounts.

969 Analysis of several PMIP3 simulations of mid-Holocene climate support the pattern
970 evinced by the lake sediment data. The model experiments indicate that western North America
971 was drier than present at 6,000 yr BP due to large warm season precipitation-evaporation balance
972 anomalies, but that cold season climatic conditions were relatively wetter (Fig. 9). This
973 enhancement of hydroclimate seasonality, as well as the substantial spatial heterogeneity in
974 model simulations, helps to explain the disparity between some proxy records from
975 central/southern British Columbia that indicate wetter conditions during the mid-Holocene, and
976 the majority proxy data from the greater Pacific Northwest region, which indicate a drier overall
977 climate. The lake and climate model experiments further suggest that inconsistency between
978 proxies could be the result of seasonal sensitivity, in that lake sediment $\delta^{18}\text{O}$ records represent
979 cold season hydroclimatic conditions.

980 Ocean-atmosphere proxy records and climate model simulations suggest that the tropical
981 Pacific gradually transitioned from a more La Niña-like mean state with attenuated ENSO
982 variability during the mid-Holocene to a more El Niño-like mean state with enhanced ENSO
983 variability in the late Holocene (Fig. 8). This change in the ocean-atmosphere system is reflected
984 by the lake sediment isotope data, which reveal a pattern of climate change that is at least
985 somewhat consistent with the current relationship between ENSO/NAM and precipitation in
986 western North America (i.e., a positive ENSO phase leads to a drier cold season, and vice versa)
987 (Fig. 1). This apparent coherence between observed and inferred Holocene relationships between
988 ENSO and hydroclimate in the west should be viewed cautiously, however, as gradual changes
989 in external forcing likely produced non-stationarity in the climate system that cannot be
990 accounted with the modern analogue. A pronounced negative $\delta^{18}\text{O}$ excursion in the Cleland Lake

$\delta^{18}\text{O}$ record centered on ~2,400 yr BP indicates an exceptionally wet period that may have been isolated to the immediate vicinity of Cleland Lake, highlighting the potential for abrupt hydroclimatic change as well as substantial intra-regional heterogeneity in response to gradual external forcing.

The Cleland, Paradise, and Lime lake $\delta^{18}\text{O}$ records demonstrate that past mean-state shifts in the ocean-atmosphere system in response to orbital forcing produced considerable changes in the climate of the Pacific Northwest. Moreover, these records imply that future, externally forced changes in the mean-state of ENSO and other internal climate modes may have substantial effects on hydroclimate variability in the Pacific Northwest and across western North America. The degree to which the various external forcing factors, namely, changes in the orbital configuration, anthropogenic greenhouse gas emissions, as well as climate system feedbacks involving the ocean, atmosphere, and land (i.e., vegetation and orographic controls), influence climate change in western North America requires further investigation. To this end, additional high resolution paleoclimate records should be developed and analyzed in the context of temporally continuous Holocene length simulations conducted using Earth System models capable of resolving localized climate system responses to larger, synoptic scale climate variability.

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Table 1. T-test analysis results

Lake/Site Name	Proxy	Reference	Mean	n	Mean	n	P-value
			-50 – 2500 yr BP		2500 – 7500 yr BP		
Cleland Lake, BC	Carbonate $\delta^{18}\text{O}$	this study	-5.70	511	-6.62	1001	0.007
Lime Lake, WA	Carbonate $\delta^{18}\text{O}$	this study	-14.75	511	-15.00	1001	0.006
Paradise Lake, BC	Carbonate $\delta^{18}\text{O}$	this study	-16.87	511	-17.95	1001	0.002
Felker Lake, BC	Diatom - lake level	Galloway et al., 2011	7.83	21	9.37	30	0.055
Felker Lake, BC	Diatom - lake salinity	Galloway et al., 2011	280.4	21	205.5	30	0.053
Dog Lake, BC	Chara accumulation	Hallett and Hills, 2006	0.04	16	0.26	118	0.086
Crevice Lake, WY	Carbonate $\delta^{18}\text{O}$	Whitlock et al., 2012	-7.72	189	-9.49	62	0.002
Oregon Cave, OR	Speleothem $\delta^{18}\text{O}$	Ersek et al., 2012	-8.80	760	-8.92	1874	0.004
Windy Lake, BC	Chironomid - JA temp	Chase et al., 2008	0.05	128	0.76	250	0.027
Beaufort Sea (JPC16)	Fe grain IRD - AO	Darby et al., 2012	5.36	125	4.02	251	0.133
Soledad Basin	Mg/Ca inferred SST	Marchitto et al., 2010	17.12	14	16.02	67	0.124
Cariaco Basin	Titanium	Haug et al., 2001	0.19	431	0.28	893	0.028
El Junco, Galapagos	Sand percent	Conroy et al., 2008	8.11	174	2.96	137	0.013
Pacific Warm Pool	Mg/Ca inferred SST	Khider et al., 2014	27.59	139	27.79	164	0.044
Pacific Warm Pool	Mg/Ca inferred SST	Stott et al., 2004	28.78	69	29.10	92	0.081

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Figure 1. A) Regional digital elevation map (DEM) of the Pacific Northwest and southwestern United States. The locations of Cleland Lake (white circle) and other regional lake sediment proxy records (black circles) are shown including Lime Lake, Paradise Lake, Oregon Cave National Monument (OCNM), Crevice Lake (CrL), Castor Lake (CL), Windy Lake (WL), Dog Lake (DL), Felker Lake (FL), and Big Lake (BL). B) Change in October–March precipitation minus potential evapotranspiration (PET) (relative to total October–March precipitation) during years of negative ENSO and positive NAM, and C) vice versa (values are expressed as a fraction, e.g., 0.25 is the equivalent of 25%) (Steinman et al., 2014).

Figure 2. Regional surface water isotope data from AD 2009–2014 and relationship with the global meteoric water line (GMWL), local meteoric water line (LMWL) and local evaporation line (LEL) for Paradise Lake (A), Cleland Lake (B), and Lime Lake (C). Insets depict time series of oxygen isotope values of lake surface water.

Figure 3. Linear point-to-point age-models from CLAM 2.2 (Blaauw, 2010) produced using radiocarbon, tephra dating, CRS ^{210}Pb and ^{137}Cs measurements (inset) for Paradise Lake (A), Cleland Lake (B) and Lime Lake (C).

Figure 4. Lake model steady-state climate sensitivity simulation results. Modeled lake sediment $\delta^{18}\text{O}$ responses to changes in precipitation ($\pm 12\%$) and temperature (C,D) ($\pm 0.6\text{ }^{\circ}\text{C}$) during cold season (October–March) (blue) and warm season (April–September) (red).

Figure 5. 500 year moving average carbonate mineral oxygen and carbon isotope correlation (r) for Paradise Lake, Cleland Lake, and Lime Lake.

Figure 6. Sediment carbonate $\delta^{18}\text{O}$ records (grey lines) from (A) Paradise Lake, (B) Cleland Lake and (C) Lime Lake with variable weighted smoothed lines (black lines).

Figure 7. Regional proxy record comparison. (A) Paradise Lake and (B) Cleland Lake $\delta^{18}\text{O}$ records. (C) Felker Lake diatom-based salinity and lake depth reconstruction (Galloway et al., 2011). (D) Chara accumulation rate record from Dog Lake (Hallett and Hills, 2006). (E) Crevice Lake $\delta^{18}\text{O}$ record (Whitlock et al., 2012). (F) Speleothem $\delta^{18}\text{O}$ record from Oregon Caves National Monument (OCNM) (Ersek et al., 2012). (G) Lime Lake $\delta^{18}\text{O}$ record. (H) Chironomid-based July to August temperature reconstruction from Windy Lake (Chase et al., 2008). Dashed lines depict mean values during the middle (7,500–2,500 yr BP) and late (2,500 yr BP to present)

Holocene, with p-values indicating the statistical significance of the difference in mean values between the two time periods (see Table 1 for additional detail).

Figure 8. Global proxy record comparison. A) Ice-rafted debris proxy of Arctic Oscillation / Northern Annular Mode variability (Darby et al., 2012). (B) The Paradise and (C) Cleland Lake $\delta^{18}\text{O}$ records. (D) Soledad Basin (eastern tropical Pacific) sea surface temperature (SST) reconstruction; warmer temperatures indicate more El Niño-like conditions (Marchitto et al., 2010). (E) Cariaco Basin titanium (Ti) record of Inter-tropical Convergence Zone (ITCZ) variability; higher Ti values indicate a more northerly position of the ITCZ (Haug et al., 2001).

1117 (F) The El Junco % sand record; higher sand fluxes occur during storm events that are enhanced
1118 during more El Niño-like conditions. (G,H) Sea surface temperature (SST) reconstructions from
1119 the Pacific warm pool; more El Niño-like conditions are associated with a cooler western tropical
1120 Pacific Ocean (Khider et al., 2014; Stott et al., 2004). Dashed lines depict mean values during the
1121 middle and late Holocene, with p-values indicating the statistical significance of the difference in
1122 mean values between the two time periods (see Table 1 for additional detail).

Figure 9. Results from mid-Holocene climate model simulations of precipitation-evaporation balance (i.e., precipitation minus evaporation). Anomalies (mm/day) were calculated as the difference between the mid-Holocene (6,000 yr BP) and preindustrial control (AD 1850)

simulations. A) Annual, B) cold season (October–March), and C) warm season (April–September) anomalies from MRI-CGCM3. D) Annual, E) cold season (October–March), and F) warm season (April–September) anomalies from MPI-ESM-P.

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