**Mechanotransduction in primary human osteoarthritic chondrocytes is mediated
by metabolism of energy, lipids, and amino acids**

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Abstract

Chondrocytes are the sole cell type found in articular cartilage and are repeatedly subjected to mechanical loading *in vivo*. We hypothesized that physiological dynamic compression results in changes in energy metabolism to produce proteins for maintenance of the pericellular and extracellular matrices. The objective of this study was to develop an in-depth understanding for the short term (<30 min.) chondrocyte response to sub-injurious, physiological compression by analyzing metabolomic profiles for human chondrocytes harvested from femoral heads of osteoarthritic donors. Cell-seeded agarose constructs were randomly assigned to experimental groups, and dynamic compression was applied for 0, 15, or 30 minutes. Following dynamic compression, metabolites were extracted and detected by HPLC-MS. Untargeted analyses examined changes in global metabolomics profiles and targeted analysis examined the expression of specific metabolites related to central energy metabolism. We identified hundreds of metabolites that were regulated by applied compression, and we report the detection of 16 molecules not found in existing metabolite databases. We observed patient-specific mechanotransduction with aging dependence. Targeted studies found a transient increase in the ratio of NADP⁺ to NADPH and an initial decrease in the ratio of GDP to GTP, suggesting a flux of energy into the TCA cycle. By characterizing metabolomics profiles of primary chondrocytes in response to applied dynamic compression, this study provides insight into how OA chondrocytes respond to mechanical load. These results are consistent with increases in glycolytic energy utilization by mechanically induced signaling, and add substantial new data to a complex picture of how chondrocytes transduce mechanical loads.

1 Introduction

2 Osteoarthritis (OA) is the most common joint disorder, affecting more than 40 million individuals
3 in the United States [1, 2]. OA is characterized by deterioration of the protective, low-friction,
4 load-bearing cartilage that surrounds the joint. The highly specialized chondrocyte plays an
5 important metabolic role in synthesizing, maintaining, and repairing the tissue and is the sole
6 cell type in articular cartilage [3]. At these joint surfaces (*e.g.* the femoral head), the articular
7 chondrocyte is subjected to repeated mechanical loading (*e.g.* standing, walking, running, etc.).
8 Chondrocytes and other mammalian cells sense and respond to these mechanical stimuli
9 through biochemical and biological outputs, but the intracellular pathways behind chondrocyte
10 mechanotransduction remain unclear [4-6].

11
12 Mechanical stimulation has both anabolic and catabolic effects on articular chondrocytes [7, 8].
13 In chondrocytes, anabolic responses promote synthesis and production of extracellular matrix
14 (ECM) and pericellular matrix (PCM) [7]. Catabolic responses involve secretion of proteases
15 (*e.g.* MMP-13) which results in the breakdown of ECM molecules. Dynamic loading has been
16 shown to promote these anabolic responses in chondrocytes; whereas, static loading has been
17 shown to inhibit them [9, 10]. Dynamic compression has been shown to alter signal
18 transduction including activation of GTPase signaling via the Rho-A and ROCK pathways, Erk-1
19 and -2, MAPK and SEK, and Smad2 [9, 11-13].

20
21 In addition to signal transduction, chondrocytes can alter their energy metabolism in response to
22 mechanical loading. The enzyme AKT is important in regulating FoxO signaling for energy
23 homeostasis [14], and cyclic loading has been shown to reduce phosphorylation of AKT in OA
24 chondrocytes [15]; whereas, mechanical stimulation induces AKT phosphorylation in healthy
25 cells [16]. These energy-related signaling responses may affect matrix synthesis because
26 healthy chondrocytes show increases in sulfated glycosaminoglycans (sGAG) in response to
27 mechanical loading in contrast to OA chondrocytes [17]. However, how loading might change
28 chondrocyte metabolite levels, which can mark changes in biosynthetic activity, is unknown.

29
30 Previous research suggests that both inflammation and OA alter central energy metabolism,
31 including the balance between glycolysis and oxidative phosphorylation [18]. One potential
32 mechanism of energy-related mechanotransduction involves regulation of AMP-activated
33 protein kinase which can prevent catabolism induced by mechanical injury [19]. Based on these
34 and other data, we hypothesized that physiological dynamic compression increases

1 chondrocyte glycolytic energy flux to promote the anabolic response to maintain the
2 environment of the ECM and PCM. The objective of this study was to use both untargeted
3 (global) and targeted metabolomics to identify candidate mediators of chondrocyte
4 mechanotransduction in primary human OA chondrocytes. This study evaluates our hypothesis
5 using primary human OA chondrocytes subjected to applied dynamic compression following
6 encapsulation in physiologically stiff agarose.

7
8 Chondrocyte mechanotransduction happens on both short- and long- timescales. Because
9 early responses have the potential to set the trajectory for longer-term behavior, in this study,
10 we focus on short term (<30 min), loading-induced changes in small molecules (*i.e.* cellular
11 metabolites smaller than ~1000 Da). Building upon previous methodology to encapsulate
12 chondrocytes in agarose similar in stiffness to the human PCM, we profiled the metabolomic
13 responses of primary human OA chondrocytes in response to applied compression at
14 physiological levels [20, 21].

15
16 This study identified changes in 1421 untargeted metabolites and 48 metabolites pertinent to
17 central energy metabolites and protein production. Metabolites were identified via database
18 searches (METLIN, and HMDB), and 16 of the 1421 metabolites were not found in database
19 searches, potentially representing novel mediators of chondrocyte mechanotransduction.
20 Future research may build on these results to test mechanical loading as an OA therapy.

21 **Materials and Methods**

22 *Chondrocyte Culture and Encapsulation*

23 Primary human chondrocytes were harvested from hip cartilage of five Grade IV OA patients
24 undergoing joint replacement surgery (mean age: 63 years, age range: 54-80, mean weight:
25 80.4 kg, weight range: 56.9-99 kg). The cartilage was digested in Type IV collagenase (2
26 mg/mL for 12-14 hrs. at 37°C), and then cultured in DMEM with 10% fetal bovine serum and
27 antibiotics (10,000 I.U./mL penicillin and 10000 µg/mL streptomycin) in 5% atmospheric CO₂.
28 Cells were encapsulated using previously optimized methods [22] at a concentration of
29 ~500,000 cells/gel (gel diameter = 7mm, gel height = 12.7mm).

30 31 *Mechanical Stimulation*

32 From each donor (N = 5), cell-seeded agarose gels were randomly assigned to a loading group
33 (n = 5 biological replicates for each loading group). Loading groups consisted of unloaded

controls (*i.e.* 0 minutes of loading), 15, or 30 minutes of dynamic, cyclic compression. A short loading timescale was used because initial early-time responses can set the trajectory for longer-term behavior. The loading protocol followed previously optimized methods [22] in which homogeneous deformations [20] were applied to the cell-seeded gels using a custom built bioreactor emulating physiological loading conditions: frequency of 1.1 Hz [23] and average sinusoidal compressive strains of 5% with an amplitude of 1.9% based on initial gel height (Supplementary Figure 1). The loading frequency was selected based on the preferred stride rate in humans [23], and the applied strain profile was selected to be in the range of deformations measured in human patients using MRI [24].

Metabolite Extraction

Metabolite extraction was performed using identical methods from our previous study [22]. Gels were flash frozen, pulverized, and metabolites were extracted by adding 1 mL of a 70:30 Methanol:Acetone solution and vigorously vortexing the mixture every 5 minutes for 20 minutes. Samples were kept at -20°C overnight for further metabolite extraction. Proteins were removed by centrifugation, the supernatant extracted, and the solvent removed via centrifugation under a vacuum for 6.5 hours. The dried samples were then resuspended in 100 μ L of mass spectrometry grade water and acetonitrile (50:50 v/v).

Untargeted and Targeted Metabolomic Profiling

Metabolomics is an experimental technique for characterizing large numbers of small molecules (<1000 Da) in biological samples [25]. Recent studies of joint tissues and fluids have used metabolomic analysis to examine OA phenotypes, identify candidate biomarkers, and explore the inflammatory responses [26-29]. In this study, metabolites were extracted following dynamic compression and analyzed by nano-liquid chromatography and mass spectrometry (Supplementary Methods, [22]). Untargeted metabolites were detected in positive mode on an Agilent 6538 Q-TOF spectrometer with a resolution of ~20,000 and accuracy of ~5 ppm. For the targeted approach, ~50 metabolites known to be involved in central energy metabolism were analyzed using the Quantitative Analysis package within the Agilent MassHunter Workstation B.04.00 (Agilent Technologies) and a database of the calculated isotopic distributions (including H⁺ and Na⁺ adducts) of these targeted masses (Isotope Distribution Calculator, Agilent Technologies).

1 To assess the effects of physiological loading on chondrocyte biology, three experimental
2 groups were used: unloaded control samples (UC) and samples that received either 15 (DL15)
3 or 30 (DL30) minutes of dynamic compression. Principal components analysis (PCA) was
4 utilized to assess metabolome-scale changes caused by mechanical loading. Pearson's
5 correlation coefficients were used to estimate the flux of metabolite intensities over the
6 timecourse of loading. To assess the differences in intensity distributions (m/z spectra plots for
7 the various loading groups), two-sample Kolmogorov-Smirnov tests were implemented.
8 Targeted metabolite profiles were analyzed by PCA, hierarchical agglomerative cluster analysis
9 and correlation analyses. Additionally, the median ratios of NADP+:NADPH, NAD+:NADH,
10 ATP:ADP, and GDP:GTP were calculated as a function of time to assess relative changes in
11 energy metabolism.

12 *Compound Identification and Enrichment Analysis*

14 To putatively identify compounds, a batch search of all of the untargeted metabolite mass to
15 charge (m/z) values was performed in METLIN and HMDB. Both databases contain over
16 80,000 identifiable metabolites [30, 31]. Search parameters included using a mass tolerance of
17 20 ppm, and positively charged molecules with potential +1H⁺ or +1Na⁺ adducts. Compounds
18 with LipidMAPS identifications [32] were designated as human and not considered further if
19 detected in a non-human species at the time of database search. Untargeted metabolites were
20 then examined by unsupervised clustering to identify groups of co-regulated metabolites.
21 Clusters of co-regulated metabolites were analyzed for pathway enrichment using IMPaLA [33].

22 **Results**

23 The objective of this study was to characterize the cellular response to applied compression for
24 primary human OA chondrocytes by examining changes in metabolomic profiles. Chondrocytes
25 were harvested from donor joint tissue, grown in tissue culture, embedded in agarose with
26 stiffness similar to the human PCM, and dynamically loaded in tissue culture. Samples were
27 then flash frozen, pulverized, and the metabolites were extracted and analyzed using HPLC-
28 MS. We analyzed untargeted metabolomics profiles to minimize bias from *a priori* selection of
29 relevant pathways which inherently excludes potentially important data. To evaluate our
30 hypothesis, we also analyzed metabolomics profiles of targeted metabolites related to energy
31 metabolism and protein production.

1 These data demonstrate that applied dynamic compression alters both untargeted and targeted
2 metabolomic responses of primary human OA chondrocytes *in vitro*. Using a systems biology
3 approach, we find key differences between loaded and unloaded OA chondrocytes and
4 identified 70 metabolites as potential mediators for chondrocyte mechanotransduction.

5 6 Untargeted Analysis

7 We detected 4955 metabolites present in at least one dataset (Table S1). We refined the 4955
8 metabolite list to 1421 metabolites by focusing on metabolites present in more than half of the
9 samples for each loading group. To determine the effects of dynamic compression on
10 chondrocyte metabolism, unloaded control samples were compared to samples subjected to
11 either 15 or 30 minutes of dynamic compression. Statistical analyses found loading-associated
12 differences that were both shared between human donors (n = 5) and specific to individual
13 donors (examined with 5 replicates per donor). Enrichment analysis of detected metabolites
14 identified galactose metabolism, chondroitin sulfate degradation, lipid and amino acid
15 metabolism as chondrocyte pathways affected by mechanical loading (Table 1).

16
17 Unsupervised clustering identified four clusters of interest in the untargeted metabolomic
18 profiles (Figure 1A). These clusters suggest that pathways related to calcium signaling, energy
19 metabolism, redox regulation, amino acid and lipid metabolism are regulated by mechanical
20 loading (Tables S2-S5). Comparisons between unloaded control (UC) and DL15 samples
21 revealed changes in 456 metabolites (Figure 1B-C, Table S6). Of these 456 metabolites, 334
22 were increased (↑) with dynamic loading and 122 were decreased (↓) in response to loading
23 (Figure 1B-C). Comparisons between UC and DL30 found changes in 705 metabolites, of
24 which 348 increased and 357 decreased, in response to dynamic compression (Figure 1B-C,
25 Table S7). Finally, we found differences between DL15 and DL30 groups in 512 metabolites.
26 145 metabolites increased and 367 decreased for 15 minutes of compression compared with 30
27 minutes of compression (Figure 1B-C, Table S8).

28
29 These differences in mechanically-induced metabolomic profiles are supported by both principal
30 component analysis (PCA) and comparisons of metabolite distributions between experimental
31 groups. The log-transformed and normalized metabolite intensity data showed distinct
32 separation in the first 3 principal components between the experimental groups (UC, DL15, and
33 DL30), with the first three principal components containing 99.7% of the overall variance (Figure
34 1D). Kolmogorov-Smirnov two-sample distribution tests revealed significant differences among

distributions of the median metabolite expression levels for various loading groups (Supplementary Figure 2).

Correlation analysis examined the effects of dynamic compression (0, 15, or 30 minutes) on metabolite expression levels (Figure 2). There were 249 statistically significant metabolites that correlated with loading time. There were 119 positively correlated metabolites (*i.e.* accumulated) and 130 negatively correlated (*i.e.* depleted) with loading time (Figure 2A). The strongest positively and negatively correlated metabolites were defined as candidate mediators of chondrocyte mechanotransduction (Table S9).

The number of significant mechanosensitive metabolites correlated with patient age (Figures 3-4, and Supplementary Figure 3). Different donors displayed heterogeneity in their responses to applied compression. For all donors, (1-5), both 15 and 30 minutes of dynamic compression resulted in hundreds of statistically significant changes in metabolite expression (Figure 4). These results indicate that both shared and patient-specific responses to applied compression are affected by aging.

Targeted Analysis

By focusing on metabolites common to central energy metabolism and protein production, we examined our hypothesis that physiological dynamic compression increases chondrocyte glycolytic energy flux to promote the anabolic response to maintain the environment of the ECM and PCM. In this analysis, central energy metabolism focused on glucose metabolism including the pentose phosphate pathway (PPP), glycolysis (Glyc), and the tricarboxylic acid (TCA) cycle (Table S10). Cluster analysis identified groups of metabolites with similar responses to applied dynamic compression (Figure 5A). PCA on targeted metabolites revealed that central energy metabolites are strongly regulated by applied compression (Figure 5B). Targeted metabolomics profiles from mechanically loaded groups clustered separately from unloaded controls, and the first three principal components contained 94.1% of the overall variance (1st component: 89.1%, 2nd component: 3.5%, and 3rd component: 1.5%).

To estimate changes in energy flux through the PPP, Glyc, and the TCA cycle, the median ratios of upstream to downstream expression levels for specific targeted metabolites were analyzed (Figure 5C). The ratio of NADP⁺ to NADPH decreased after 15 minutes of loading prior to increasing after 30 minutes of loading, indicating an initial cessation in energy flow which

1 then increases for the PPP. We observed continual increases in the ratio of ADP to ATP,
2 indicating increased glycolytic energy flux consistent with our hypothesis. Finally, we found a
3 substantial decrease in the ratio of GDP to GTP after 15 minutes that was restored after 30
4 minutes of loading, indicating an initial cessation of TCA-based energy flux that recovers with
5 additional mechanical loading. Both pyruvate and 3-phosphoglycerate were positively
6 correlated with dynamic loading time (Figure 5D, $p < 0.01$). Taken together, these results
7 demonstrate that mechanical loading strongly regulates chondrocyte energy metabolism with
8 upregulation of glycolytic energy flux and transient decreases in energy flow to both the PPP
9 and the TCA cycle that are restored following 30 minutes of loading.

11 Discussion

12 Previous studies have found altered mechanotransduction between normal and OA
13 chondrocytes. Kawakita *et al.* found a significant reduction of Akt phosphorylation in diseased
14 (OA) chondrocytes in response to cyclic loading; whereas, Niehoff *et al.* found that cyclic
15 loading induced Akt phosphorylation in healthy chondrocytes. Akt is serine/threonine kinase
16 plays an important role in a variety of chondrocyte cellular mechanisms, including cell apoptosis
17 [34], cell proliferation and growth [35], and proteoglycan synthesis [36]. Holledge *et al.* found
18 that, in response to 0.33 Hz oscillatory fluid flow in monolayer, sulfated glycosaminoglycan
19 production for normal chondrocytes was significantly higher than for OA chondrocytes. These
20 studies emphasize the differences in cellular phenotypes between normal and OA chondrocytes
21 in response to mechanical stimulation.

22
23 We applied dynamic compression to primary chondrocytes and observed both increases and
24 decreases in hundreds of untargeted metabolites. These metabolomic changes represent an
25 altered cellular phenotype resulting from exogenous, dynamic loading. The ability of
26 metabolomic characterization to capture chondrocyte responses to compression is highlighted
27 by our observation that, when comparing between 0, 15, and 30 minutes of loading, 99.7% of
28 the variance is contained in the first three principal components (Figure 1D). The importance of
29 compression in regulating chondrocyte behavior is further emphasized by numerous differences
30 between unloaded and loaded samples (Figures 1-2, and Supplementary Figure 2). While this
31 study describes the early (<30 minute) response to compression, one limitation is that the long-
32 term (e.g. 24 hour) response remains to be determined. These significant differences

1 demonstrate both the importance of mechanical loading to chondrocyte biology and the ability of
2 metabolomics to describe large-scale changes in chondrocyte physiology.

3
4 The metabolome is defined as the set of small-molecules found within a biological sample
5 including substrates, co-factors, and other cytosolic molecules that comprise the physiology of
6 cellular biochemistry [37]. The metabolome can be viewed as a collection of state variables
7 describing the cellular phenotype [25]. These measurements provide valuable insight into how
8 chondrocytes sense and respond to applied loading. Future studies may build on this
9 untargeted dataset by creating mathematical models (e.g. Hidden Markov Models) and by
10 comparing differences in specific mechanically-induced metabolite expression between normal
11 and OA cells to identify candidate pathways for therapeutic intervention. For example, if specific
12 mechanosensitive pathways are found that enable anabolic processes in chondrocytes,
13 mechanical loading (*i.e.* exercise) could be administered as an effective therapy for healing
14 damaged cartilage. Many therapies available to OA patients (e.g. joint replacement) are
15 extremely expensive, and inaccessible to certain patient populations. Extending these results to
16 determine optimal daily loading of cartilage (e.g. exercise) as a treatment for OA would be
17 extremely valuable to combat OA and associated comorbidities simultaneously.

18
19 In this study, we identify mechanosensitive pathways using enrichment analysis of clusters of
20 co-regulated metabolites (Figure 1A, Table 1, Tables S2-S5). Dynamic compression notably
21 decreased expression of several metabolites compared with unloaded controls (Figure 1A,
22 Cluster 3), including valine, leucine, and isoleucine biosynthesis. Several other metabolites
23 increase dynamic loading. These metabolites were enriched for ion-channel signaling and
24 glutathione synthesis, which are consistent with prior chondrocyte data [38, 39] and support
25 physiological compression as a mechanism to produce cartilage matrix. Riboflavin metabolism
26 and glycogenolysis also gradually increased with loading, suggesting that cellular energy
27 utilization can be altered by the mechanical environment [40, 41].

28
29 Additionally, there was increased expression of metabolites specific to either 15 or 30 minutes
30 of dynamic compression. Fifteen minutes of dynamic compression resulted in glycine, serine,
31 and threonine metabolism (Cluster 4). Thirty minutes of dynamic compression resulted in
32 upregulation of metabolites enriched for amino acid and lipid metabolism (Figure 1A, Cluster 2).
33 Metabolites relating to phenylalanine, tyrosine, and tryptophan synthesis were upregulated, in

1 addition to those for arginine and proline metabolism, consistent with biosynthetic effects of
2 dynamic compression.

3
4 Certain pathways were represented in multiple clusters (Table 1). This result may represent
5 differential regulation of distinct pathway components (e.g. upstream vs. downstream) or
6 technical limitations. Technical limitations include the inability of mass spectrometry to
7 distinguish between isomers (e.g. changes in phospholipid structure) or between identified
8 masses within 20 ppm database search tolerances. Dynamic compression appeared to
9 increase remodeling of chondroitin sulfate and increase glycine, serine, and threonine
10 metabolism, emphasizing the importance of loading to matrix remodeling. Several metabolites
11 related to lipid synthesis, transport, and metabolism were affected, suggesting cell membrane
12 alterations in response to dynamic compression [42]. Finally, galactose metabolism was
13 upregulated by loading, further suggesting the importance of energy metabolism in defining how
14 chondrocytes respond to loading.

15
16 Because cartilage is a viscoelastic material, cyclical loading results in internal energy dissipation
17 within the tissue [43, 44]. To date, it is unknown whether or not applied mechanical deformation
18 can alter cellular energy utilization. We hypothesized that physiological dynamic compression
19 will increase glycolytic energy flux to promote the anabolic response in chondrocytes to maintain
20 the environment of the ECM and PCM. This project provides fundamental data for
21 understanding potential mechanical-to-cellular energy conversion by quantifying relative levels
22 of metabolites targeted to central energy metabolism (Figure 5).

23
24 Hierarchical clustering clearly demonstrated that dynamic compression regulates energy-related
25 metabolites, and we found accumulation of key amino acid precursors, including pyruvate and
26 3-phosphoglycerate, which may indicate increased glycolytic flux (Figure 5C). These glycolytic
27 changes were also marked by the consumption of fructose-1,6-bisphosphate and 1,3-
28 bisphosphoglycerate which may serve to increase pyruvate flux for maximizing protein
29 synthesis. Applying a stoichiometric matrix model for flux balance analysis will enable full
30 evaluation of our hypothesis. By simultaneously analyzing the complete targeted dataset, we
31 could infer whether observed consumption and accumulation indicate increased or decreased
32 metabolic flux [45]. The significant changes in expression of these specific metabolites in
33 response to dynamic loading may indicate energy utilization towards matrix protein production.

1 In this study, chondrocytes were harvested from hip replacement patients with Grade IV
2 osteoarthritis. Future studies should compare these data from OA chondrocytes to the healthy
3 chondrocyte response in an age- and gender-matched manner. In our analysis, we found a
4 strong correlation between the number of mechanically sensitive metabolites and patient age (p
5 < 0.01 , $r = 0.996$). These data suggest a relationship between aging and mechanotransduction
6 as measured by the chondrocyte metabolome in response to applied physiological
7 compression. Future studies may identify differences in clinical patient populations by utilizing
8 untargeted LC-MS-based metabolomics to identify biomarkers in osteoarthritis [46]. The
9 candidate mediators identified in this study (Supplementary Tables) may prove useful as
10 indicators of normal and OA mechanotransduction. To our knowledge, this is the first time that
11 metabolomics has been used to assess the loading induced differences for primary human OA
12 chondrocytes.

14 **Conclusions**

15 This study demonstrates the power of utilizing high-dimensional metabolomics as a tool for
16 understanding chondrocyte mechanotransduction. In our targeted analysis, we discovered
17 significant correlations with increased mechanical loading and central energy reorganization.
18 Similarly, our untargeted analysis revealed hundreds of significant metabolites, including
19 potential novel mediators for chondrocyte mechanotransduction via energy, lipid, and amino
20 acid metabolism. Finally, we found a positive correlation between the number of mechanically-
21 induced metabolites and patient age, suggesting that metabolomics can characterize aging-
22 dependent changes in chondrocyte mechanotransduction. Metabolomics may yield important
23 biomarker candidates for tracking progression of OA in clinical populations. Future work will
24 expand on these data to elucidate the mechanosensitive differences between OA and normal
25 human chondrocytes.

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32 the design or execution of this study.

Table 1

Pathways and metabolites altered by mechanical loading. Clusters refer to untargeted clusters identified in Figure 1A.

Figure 1

Applied compression resulted in distinct untargeted metabolomic profiles for primary OA chondrocytes. (A) Patterns of metabolite expression displayed via heatmap following hierarchical clustering. Clusters of interest denoted on the right-hand side (see Table 1). for enrichment analysis). Cluster 1: increasing with loading. Cluster 2: on after 30 min. Cluster 3: off with loading. Cluster 4: on at 15 min. (B) Loading-induced up-down regulation plots for UC vs. DL15, UC vs. DL30, and DL15 vs. DL30, respectively. Up regulated metabolites represent molecules that accumulate with respect to mechanical loading, and down regulated metabolites are being depleted with respect to mechanical loading. (C) Of the 1421 metabolites in common to all groups, 334 were upregulated and 122 were downregulated after 15 minutes of compression. 348 were upregulated and 357 were downregulated after 30 minutes of compression. (D) Principal Components Analysis for the untargeted data to assess differences between sample groups. The first three principal components contained 99.7% of the overall variance. For each of the sample groups, UC (), DL15 (), and DL30 (), there are n = 5 donors each sampled with 5 replicates.

Figure 2

Dynamic compression results in both accumulation and depletion of untargeted metabolites. (A) The cumulative distribution of correlation coefficients of untargeted metabolites was used to identify metabolites that were either accumulating (blue) or being depleted (red). The strongest correlated metabolites were identified as candidate mediators of chondrocyte mechanotransduction. (B and C) Metabolite expression levels versus loading time used for correlation analysis. (B) Accumulation of selected candidate mediators of mechanotransduction which were database-matched as L-homoserine (left) and glutamic acid (right). (C) Depletion of selected candidate mediators of mechanotransduction. Deoxyuridine triphosphate as matched in the METLIN database (left) and a metabolite with m/z = 133.0587 which did not match any database molecules (unknown, right).

Figure 3

Aging-related chondrocyte mechanotransduction in female OA chondrocytes. We observed a significant correlation ($r = 0.996$, $p < 0.01$) when comparing the number of significant mechanosensitive metabolites with the age of the femoral head donor. (A) Age-correlated increases in the number of significant metabolites. (B) Characteristics of femoral head articular cartilage used in the correlation analysis. Note that Donor 1 was male and is included in Supplementary Figure 3.

Figure 4

Patient-specific heterogeneity in chondrocyte mechanotransduction

Upon compression, chondrocytes from each donor resulted in different numbers of significant mechanically up- (A) or down- (B) regulated metabolites. These differences may stem from variations in both phenotype of end-stage osteoarthritis and patient-specific differences in the cellular response to mechanical loading.

Figure 5

Loading-induced changes in expression of targeted metabolites specific to central-energy-metabolism.

Metabolites associated with central energy metabolism and protein production (e.g. amino acids) were targeted for detailed analysis via detection of multiple ionized adducts and ions. (A) Hierarchical agglomerative cluster analysis reveals changes in metabolite intensities with respect to increased dynamic loading. (B) Principal Components Analysis for the targeted data was used for comparing differences/separations among sample groups. The first three principal components contained 94.1% of the overall variance. For each of the sample groups, UC (), DL15 (), and DL30 (), there were $n = 5$ donors sampled 5 times. (C) Ratios of upstream to downstream mediators of central energy metabolism. PPP = pentose phosphate pathway. Glyc = Glycolysis. TCA = Tricarboxylic Acid Cycle. (D) Significant accumulation of pyruvate and 3-phosphoglycerate in response to applied dynamic compression.

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Figure 2

B

Donor	Sex	Age
2	F	80
3	F	60
4	F	59
5	F	64

Figure 3

A **B** **Figure 4**

Figure 5

Table 1

Pathways	Cluster	Mechanosensitive Metabolites [KEGG ID]
Galactose metabolism	1	C06376;C00159;C00795;C00267;C01132;C00095;C00124;C00137
	4	C00243;C05400;C01235;C05402;C00089
Chondroitin sulfate degradation	1	C02336;C00267;C04053;C00532;C10906;C00379;C01132;C03878;C00221;C01904
	3	C00252;C01083;C00243;C02713;C08240;C08250;C05402;C00089
	4	C00252;C01083;C00243;C08240;C08250;C05402;C00089
Lipid synthesis, transport, and metabolism	1	C00267;C01132;C00588;C01582
	2	C00588;C00157;C00246;C06429
	3	C00350;C00157
	4	C04230;C00157
Glycine, serine, and threonine metabolism	3	C00263;C05519;C06231;C00188
	4	C05519;C00263;C00188

Legend Cluster 1: increase with loading. Cluster 2: increase after 30 min. loading. Cluster 3: decrease with loading. Cluster 4: Increase after 15 min. loading