A High-resolution Speleothem Record of Western Equatorial Pacific Rainfall: Implications for Holocene ENSO Evolution

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Abstract

The El Niño-Southern Oscillation (ENSO) is the primary driver of interannual climate variability in the tropics and subtropics. Despite substantial progress in understanding ocean-atmosphere feedbacks that drive ENSO today, relatively little is known about its behavior on centennial and longer timescales. Paleoclimate records from lakes, corals, molluscs and deep-sea sediments generally suggest that ENSO variability was weaker during the mid-Holocene (4-6 kyr BP) than the late Holocene (0-4 kyr BP). However, discrepancies amongst the records preclude a clear timeline of Holocene ENSO evolution and therefore the attribution of ENSO variability to

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specific climate forcing mechanisms. Here we present $\delta^{18}\text{O}$ results from a U-Th dated speleothem in Malaysian Borneo sampled at sub-annual resolution. The $\delta^{18}\text{O}$ of Borneo rainfall is a robust proxy of regional convective intensity and precipitation amount, both of which are directly influenced by ENSO activity. Our estimates of stalagmite $\delta^{18}\text{O}$ variance at ENSO periods (2-7 years) show a significant reduction in interannual variability during the mid-Holocene (3240-3380 and 5160-5230 yr BP) relative to both the late Holocene (2390-2590 yr BP) and early Holocene (6590-6730 yr BP). The Borneo results are therefore inconsistent with lacustrine records of ENSO from the eastern equatorial Pacific that show little or no ENSO variance during the early Holocene. Instead, our results support coral, mollusc and foraminiferal records from the central and eastern equatorial Pacific that show a mid-Holocene minimum in ENSO variance. Reduced mid-Holocene interannual $\delta^{18}\text{O}$ variability in Borneo coincides with an overall minimum in mean $\delta^{18}\text{O}$ from 3.5 to 5.5 kyr BP. Persistent warm pool convection would tend to enhance the Walker circulation during the mid-Holocene, which likely contributed to reduced ENSO variance during this period. This finding implies that both convective intensity and interannual variability in Borneo are driven by coupled air-sea dynamics that are sensitive to precessional insolation forcing. Isolating the exact mechanisms that drive long-term ENSO evolution will require additional high-resolution paleoclimatic reconstructions and further investigation of Holocene tropical climate evolution using coupled climate models.

Key words: ENSO, Borneo, speleothem $\delta^{18}\text{O}$, Western Pacific rainfall, Holocene

1. Introduction

The El Niño-Southern Oscillation (ENSO) is the primary driver of interannual climate variability on a global basis (Cane, 2005; Vecchi & Wittenberg, 2010). Instrumental records are

essential for identifying the key features of modern ENSO and its climatic impacts, especially sea surface temperature (SST) and regional precipitation anomalies (Xie & Arkin, 1997; Cane, 2005). The fate of ENSO in a greenhouse future, however, remains uncertain due to our incomplete characterization of ENSO processes in state-of-the-art general circulation models (GCMs). Results from Coupled Model Intercomparison Project phase 3 (CMIP3) show both strengthening and weakening of ENSO variability in response to global warming, due to the complex and counteracting feedbacks involved (Collins et al., 2010). Subsequent model development (CMIP5) has improved representation of ENSO phenomena in GCMs, but is still unable to simulate some key ENSO processes realistically (Bellenger et al., 2013). Paleoclimatic archives provide a complementary perspective to instrumental records and GCMs because they can be used to infer natural ENSO variability and its relation to known climate forcing in the recent geologic past.

A variety of paleoclimatic proxies have been used to reconstruct ENSO variability during the Holocene (0-10,000 yr BP), including corals (Tudhope et al., 2001; Cobb et al., 2003, 2013; McGregor & Gagan, 2004; McGregor et al., 2013), deep-sea sediments (Koutavas & Joanides, 2012; Sadekov et al., 2013), mollusc shells (Carre et al., 2014) and lacustrine deposits (Rodbell et al., 1999; Moy et al., 2002; Conroy et al., 2008) (Figure 1). Although there is general consensus among the proxies that ENSO was stronger in the late Holocene (0-4 kyr BP) than during the mid-Holocene (4-6 kyr BP), a number of uncertainties remain with respect to the full scope of Holocene ENSO evolution. These uncertainties include the variability of ENSO frequency and amplitude on centennial to millennial timescales, ENSO response to changes in the mean climate state and orbital forcing, and specifically, the strength of ENSO activity in the early Holocene (6-10 kyr BP).

71 ENSO reconstructions based on lake deposits in Ecuador and the Galapagos Islands
72 suggest a general increase in ENSO frequency from the early to late Holocene, with millennial-
73 scale oscillations between high and low ENSO activity (Rodbell et al., 1999; Moy et al., 2002;
74 Conroy et al., 2008). In contrast, results from the eastern equatorial Pacific (EEP) show a
75 significant reduction in the variance of foraminiferal $\delta^{18}\text{O}$ during the mid-Holocene, which is
76 thought to be primarily driven by weakened ENSO variability (Koutavas & Joanides, 2012).
77 Most of these proxies, however, lack the resolution to distinguish interannual climate variability
78 from seasonal- and decadal-scale changes. For example, the annual cycle in SST and salinity is a
79 major contributor to foraminiferal $\delta^{18}\text{O}$ variance (Koutavas & Joanides, 2012), which
80 complicates the interpretation of this proxy as an ENSO indicator. Lake records, on the other
81 hand, may only be sensitive to moderate-to-strong El Niño events, while under-sampling could
82 bias estimates of ENSO variance and frequency, particularly in the early Holocene when
83 sedimentation rates are low (Moy et al., 2002; Emile-Geay & Tingley, 2016).

84 Corals are more direct recorders of ENSO variability because they provide decades- to
85 centuries-long reconstructions of tropical marine climate at monthly to seasonal resolution
86 (Tudhope et al., 2001; Cobb et al., 2003; McGregor et al., 2013). A compilation of coral $\delta^{18}\text{O}$
87 records from the western and central equatorial Pacific indicates a reduction in ENSO variance
88 from 3 to 5.5 kyr BP (Cobb et al., 2013; McGregor et al., 2013), similar to the foraminiferal $\delta^{18}\text{O}$
89 record in the EEP (Koutavas & Joanides, 2012), as well as an ENSO variance estimate from
90 monthly-resolved $\delta^{18}\text{O}$ of molluscs on the Peruvian coast (Carre et al., 2014). During the early
91 and late Holocene, Cobb et al. (2013) show that coral $\delta^{18}\text{O}$ exhibits a wide range of interannual
92 variance, suggesting that detection of any systematic trend in ENSO variability during the
93 Holocene will require additional subannual-resolution data from multiple time slices across the
94 last 10,000 years.

Here we assess Holocene ENSO variability using a speleothem record from the western equatorial Pacific. Stalagmite BA03 was obtained from Bukit Assam Cave in Gunung Buda National Park in Malaysian Borneo (4°N, 114°E). Interannual rainfall variability in this region is primarily driven by ENSO, with rainfall deficits occurring during El Niño years (Xie & Arkin, 1997; Adler et al., 2003; Cobb et al., 2007) (Figure 1). Modern observations at nearby Gunung Mulu National Park reveal a strong relationship between rainfall $\delta^{18}\text{O}$ and local rainfall amount on monthly timescales ($R=-0.56$, $p<0.01$), largely driven by intraseasonal Madden-Julian Oscillation and interannual ENSO variability (Moerman et al., 2013). The fact that Gunung Mulu rainfall $\delta^{18}\text{O}$ is better correlated with regional rather than local precipitation time series reflects the temporally and spatially integrative nature of rainwater $\delta^{18}\text{O}$, and its sensitivity to large-scale hydrological variability (Moerman et al., 2013).

The $\delta^{18}\text{O}$ of drip waters and speleothem calcite in the Gunung Buda and Gunung Mulu cave systems reflect regional changes in hydroclimate. Drip water $\delta^{18}\text{O}$ represents the amount-weighted average rainwater $\delta^{18}\text{O}$ that fell in the preceding 3-10 months (Moerman et al., 2014), indicating that interannual-scale $\delta^{18}\text{O}$ reconstructions are feasible using stalagmites with adequate growth rates. Well-replicated $\delta^{18}\text{O}$ time series from different stalagmites in the region suggest that stalagmite $\delta^{18}\text{O}$ reflects long-term change in convective activity on Milankovitch timescales (Partin et al., 2007; Carolin et al., 2013). The records are characterized by decadal to centennial-scale sampling resolution, however, and therefore cannot resolve the interannual dripwater $\delta^{18}\text{O}$ variability documented by Moerman et al. (2014). In this study, subannual-resolution $\delta^{18}\text{O}$ time series from stalagmite BA03 are presented for six separate time windows in the Holocene. To our knowledge, this is the first stalagmite-based high-resolution ENSO record from the Western Pacific Warm Pool (WPWP), and contains two of the only existing ENSO reconstructions from the early Holocene. We then compare the interannual variance in the

speleothem record to ENSO proxies from other locations in the equatorial Pacific, and discuss possible mechanisms driving Holocene ENSO evolution.

2. Methods

2.1 U-Th Ages

Stalagmite BA03 is 1.3 m long and spans the entire Holocene epoch. The age model for BA03 was constructed with U-series (^{238}U - ^{234}U - ^{230}Th) dating. Details of the age model can be found in Hoffmann et al. (in prep). Stalagmites in this region have relatively low ^{238}U concentrations, negative $\delta^{234}\text{U}$ values and high detrital thorium concentrations (Partin et al., 2007; Carolin et al., 2013). BA03 has ^{238}U concentrations of 1-2 ppm and $\delta^{234}\text{U}$ values ranging from -630‰ to -610‰. Four isochrons were drilled for BA03 to determine detrital $^{230}\text{Th}/^{232}\text{Th}$ ratios with the Osmond isochron plot method (Hoffmann et al., in prep). The four isochrons yield a consistent initial $^{230}\text{Th}/^{232}\text{Th}$ atomic ratio of 69 ± 5 ppm (95% confidence), which, together with measured ^{232}Th concentrations, is used to constrain the initial ^{230}Th in the stalagmite. The $^{230}\text{Th}/^{232}\text{Th}$ ratio in BA03 is lower than stalagmites from the same site reported by Partin et al. (2007), but similar to those in Carolin et al. (2013). In samples with high ^{232}Th , this method tends to over-correct initial ^{230}Th and produces anomalously young ages. Samples with ^{232}Th higher than 10 pmol/g were therefore excluded from the age model to eliminate apparent age reversals. Altogether 36 U-Th dates were used to construct the age model and constrain the growth rates of BA03 over the last 13,000 years (Table 1). Because BA03 was associated with an active drip when it was collected, we assume an age of 0 years at the top of the stalagmite. The U-series ages indicate that BA03 had two distinct growth rates during the Holocene: 54 $\mu\text{m}/\text{yr}$ from 13 to 7 kyr BP and 145 $\mu\text{m}/\text{yr}$ from 7 kyr BP to present (Figure 2).

Table 1 U-Th dates for BA03 in the age model

Depth (mm)	MC-ICP-MS Measurements				Age Calculation	
	[²³⁸ U] (ppb) ^a	[²³² Th] (pmol/g)	δ ²³⁴ U (‰)	²³⁰ Th/ ²³⁸ U (×10 ⁻³) ^b	Corrected ages (yr BP) ^c	2σ error (yr) ^d
25.0	1764.2±0.5	1.55±0.01	-633.04±0.19	1.91±0.02	263	22
44.5	1720.7±2.0	3.11±0.02	-633.26±0.96	2.74±0.03	247	41
95.0	1725.9±0.5	5.07±0.01	-631.01±0.18	5.43±0.02	731	64
114.0 ^e	1778.6±0.6	4.02±0.02	-631.66±0.17	5.09±0.14	824	97
161.5	1846.9±0.5	2.60±0.01	-630.05±0.16	5.56±0.02	1205	32
195.0	2113.1±0.7	1.46±0.01	-631.05±0.19	5.47±0.03	1386	23
247.8	1941.3±0.6	6.01±0.02	-631.20±0.19	8.42±0.04	1596	69
277.1	1838.2±0.6	8.20±0.02	-630.35±0.21	10.43±0.03	1813	97
296.6	1618.7±0.4	0.64±0.01	-630.25±0.19	7.00±0.03	1932	18
321.4	1506.9±0.4	0.74±0.01	-625.04±0.18	7.98±0.03	2169	20
361.2	1931.2±0.5	2.37±0.01	-630.18±0.18	9.55±0.03	2472	32
418.2	1928.0±0.6	5.18±0.01	-626.99±0.16	11.87±0.03	2747	59
456.7	1772.8±0.7	1.44±0.02	-630.27±0.17	11.24±0.15	3116	93
495.7	1782.1±0.5	0.52±0.01	-627.98±0.18	11.76±0.03	3402	22
518.5	1856.4±0.5	1.09±0.01	-626.51±0.19	12.45±0.04	3516	25
581.0	1663.4±0.5	2.59±0.01	-626.35±0.20	14.49±0.04	3870	41
645.0	1548.9±0.5	3.12±0.00	-625.91±0.14	16.30±0.02	4276	44
697.9	1609.3±0.5	2.01±0.01	-625.06±0.20	17.59±0.05	4910	40
763.5	1726.3±0.6	5.08±0.02	-624.99±0.20	19.53±0.14	5032	110
773.7	1721.1±0.5	2.08±0.00	-624.27±0.13	19.22±0.02	5392	29
802.9	1706.3±0.5	2.91±0.00	-624.82±0.12	19.80±0.02	5444	38
865.1	1995.3±0.6	2.60±0.01	-624.03±0.17	20.87±0.03	5913	36
882.5	1255.3±0.3	2.98±0.01	-618.37±0.07	22.67±0.05	6078	59
916.8	1367.7±0.3	1.28±0.01	-621.49±0.23	22.09±0.04	6353	35
941.0	1516.3±0.4	1.18±0.01	-622.19±0.17	22.70±0.05	6601	34
965.5	1518.3±0.4	2.79±0.01	-619.32±0.18	24.35±0.05	6785	48
988.8	1806.3±0.5	5.50±0.01	-618.59±0.17	25.72±0.04	6869	69
1016.7	1150.4±0.3	7.04±0.01	-614.61±0.18	29.90±0.06	7217	132
1036.5	1305.6±2.1	5.59±0.02	-613.69±1.31	29.99±0.07	7750	116
1054.7	1744.9±0.5	3.11±0.01	-618.95±0.16	28.55±0.04	8132	48
1078.5	2183.4±0.7	5.58±0.01	-618.43±0.18	30.05±0.04	8385	61
1094.8	2210.4±2.1	1.23±0.02	-618.29±0.79	28.62±0.05	8501	52
1121.9	1940.9±0.8	2.65±0.01	-617.86±0.43	32.63±0.05	9558	50
1170.1	1380.0±2.1	1.40±0.02	-613.78±1.25	33.45±0.08	9806	90
1216.4	1331.5±2.0	3.15±0.02	-612.83±1.25	38.71±0.09	11128	112
1246.3	1187.2±2.2	1.79±0.02	-614.48±1.50	39.37±0.10	11627	128

a. All measurements are reported with 1σ errors unless otherwise specified.

b. Reported in terms of activity ratio.

c. Age corrected based on a multi-isochron derived detrital ²³⁰Th/²³²Th atomic ratio of 69±5 ppm. Ages with ²³²Th concentration greater than 10 pmol/g, including one of the four isochrons, are excluded from the age model and not listed in the table.

d. 2σ errors are derived on a Monte Carlo basis following Carolin et al. (2013).

e. Shaded rows represent center points of isochrons.

2.2 $\delta^{18}\text{O}$ Time Series

$\delta^{18}\text{O}$ time series were generated on both decadal and sub-annual timescales on BA03. The growth axis of BA03 was previously milled every 1.5 mm for decadal-scale stable isotope analyses (Figure 3). The age model for the $\delta^{18}\text{O}$ series was determined with the StalAge algorithm (Scholz & Hoffmann, 2011) to account for age uncertainties. To generate sub-annual resolution data, we milled the stalagmite surface parallel to individual growth bands using a computer-controlled Merchantek micromill system. Six sub-annually resolved time series were generated with this method; they are denoted as 2500, 3300, 5200, 5700, 6700 and 8200 yr BP windows in the following text based on the approximate center of their age range. The milling resolution varies from 30-60 μm in different time intervals, corresponding to temporal resolution of 0.2-0.4 years per sample (Table 2). Stable isotope analyses were performed on a Finnigan MAT 253 multiple-collector gas source mass spectrometer coupled to a Finnigan Kiel automated carbonate device at the Stable Isotope Laboratory of the University of Michigan. A total of 3032 analyses were run to generate time series of sufficient resolution and length to capture interannual variability in the six windows throughout the Holocene. Isotopic values are converted to Vienna Pee Dee Belemnite scale (VPDB) using National Bureau of Standards (NBS) 19 ($n=819$, $\delta^{13}\text{C}=1.95\pm0.05\text{‰}$, $\delta^{18}\text{O}=-2.20\pm0.07\text{‰}$) and NBS 18 ($n=168$, $\delta^{13}\text{C}=-5.01\pm0.05\text{‰}$, $\delta^{18}\text{O}=-22.99\pm0.08\text{‰}$).

2.3 Time Series Analysis

The original $\delta^{18}\text{O}$ time series were interpolated to 0.5-yr resolution and filtered with a 2-7 year band wavelet filter² (Figure 4) developed from Torrence & Compo (1998). Band-pass filtered versions of the raw and interpolated data yield a similar pattern of relative ENSO-band variance in the six time windows. Multi-taper spectral analyses were performed for the six time series to compare spectral features in different time windows and to test the significance of interannual power in the data with respect to red noise (Figure 5). The red noise background for a given time series was estimated by 2-year band pass filtering the raw data to eliminate high frequencies and then fitting first-order auto-regressive [AR(1)] models to the data following Schneider & Neumaier (2001). The slope and intercept of the fitted AR(1) models, along with their uncertainties, were used to generate 500 Monte Carlo AR(1) time series for each window to test the statistical significance of peaks in the spectra.

The same statistical approach was applied to the Niño3.4 SST index (average SST of region 5°N-5°S and 120°W-170°W; Huang et al., 2015; Liu et al., 2015) for comparison with the BA03 $\delta^{18}\text{O}$ spectra (Figure 6). To account for the influence of the karst processes on stalagmite $\delta^{18}\text{O}$, the Niño3.4 time series was also convolved with a karst response function ($g(t)=\tau^{-1}e^{-t/\tau}$, with τ being water residence time in the cave) following Dee et al. (2015). Because τ is uncertain, we considered multiple plausible aquifer recharge times, ranging from 3 months to 2 years (Moerman et al., 2014). The spectra of the convolved time series are plotted together with that of Niño3.4 in Figure 6. In addition, spectral analysis was performed on satellite-based local precipitation at the Borneo site (Adler et al., 2003) to compare with BA03 $\delta^{18}\text{O}$ data (Figure 6).

To quantify changes in interannual variance between the different segments, we used a block-bootstrap approach (Kunsch, 1989), with a block size of 2 years. The test statistic is the

² Matlab code for the wavelet filter can be obtained from:
https://github.com/CommonClimate/common-climate/blob/master/wavelet_filter.m

ratio of variances in the 2-7 yr band, and the sampling distributions are estimated from 5,000 bootstrap replicates.

3. Results

The BA03 time series is similar to three other Borneo stalagmites over the Holocene (Figure 3a). The mean $\delta^{18}\text{O}$ decreased by approximately 2‰ from 13 kyr BP to 5.5 kyr BP. The $\delta^{18}\text{O}$ minimum persisted until around 3.5 kyr BP, after which it increased by 1‰ toward the present. The change in mean $\delta^{18}\text{O}$ is also reflected in the high resolution $\delta^{18}\text{O}$ series (Figure 4), with a minimum in mean $\delta^{18}\text{O}$ (-9.7‰) occurring in the 3300 yr BP window and a maximum (-8.9‰) in the 8200 yr BP window. In addition to long-term changes in mean $\delta^{18}\text{O}$, the high-resolution time series show substantial decadal $\delta^{18}\text{O}$ variations of more than 0.5‰. For example, there are two negative $\delta^{18}\text{O}$ excursions of 0.6‰ during the 2490-2530 yr BP interval. Another example occurs between 8190 and 8230 yr BP, which displays a positive $\delta^{18}\text{O}$ excursion of 0.8‰, comparable in magnitude to the $\delta^{18}\text{O}$ shifts in this region during Heinrich stadial events (Carolin et al., 2013). The abrupt $\delta^{18}\text{O}$ shift during this brief interval may relate to the 8.2 kyr meltwater discharge event in the North Atlantic and will be discussed elsewhere.

The 2-7 year bandpass filtered time series show an overall reduction in variance during the mid-Holocene compared to the early and late Holocene (Figure 4). Variations of 0.1‰ magnitude occurred regularly in the early (6700 and 8200 windows) and late (2500 window) Holocene, whereas interannual $\delta^{18}\text{O}$ variations in the mid-Holocene (3300, 5200 and 5700 window) were mostly less than 0.1‰. The multi-taper spectra of the high-resolution time series show at least one interannual peak above the 95% quantile of AR(1) processes for each of the

time windows (Figure 5). Although the interannual power in the BA03 $\delta^{18}\text{O}$ spectra is weak (<25% total variance) compared to the Niño3.4 index (Figure 6), the peaks are statistically significant features of the data relative to the AR(1) backgrounds.

Results of the block-bootstrap test of equal variance are listed in Table 2. The highest interannual $\delta^{18}\text{O}$ variance occurs in the 2500 yr window, significantly ($P<0.01$) higher than variance in the other windows. The lowest overall $\delta^{18}\text{O}$ variance occurs in the 5200 yr window, which is significantly ($P<0.01$) lower than all other windows. We are unable to reject the null hypothesis ($P>0.1$) that the interannual variance in the 3300, 5700 and 8200 yr windows are the same. The interpolated time series show a slightly different pattern of test results from the ungridded raw data. The interannual variance is increased in the 6700 yr window with the interpolation and the three mid-Holocene windows (3300, 5200 and 5700 yr) are indistinguishable from each other after the interpolation. Note that the comparison of overall interannual variance is strongly influenced by decadal modulations of high and low interannual variance in each window. For example, the 3300 and 5700 yr windows show low overall interannual variance despite some relatively large ($>0.1\%$) $\delta^{18}\text{O}$ shifts, while the overall variance of the 8200 yr BP window is largely diminished by the minimum interannual variance associated with an apparent 8.2 kyr event in BA03. Exclusion of the 8.2 kyr event makes interannual $\delta^{18}\text{O}$ variance of the 8200 yr window slightly higher than (but indistinguishable from) the 6700 yr window before and after interpolation.

Table 2 P-values for block-bootstrap test of equal variance of 2-7 yr filtered $\delta^{18}\text{O}$ series

	Interval (yr BP)	N	Temporal Resolution (year)	2-7 yr band stdev	2-7 yr percent (%)	2500	3300	5200	5700	6700
Original Data	2500	847	0.25	0.0528	7.17					
	3300	600	0.25	0.0394	11.35	<0.01				
	5200	357	0.18	0.0315	12.04	<0.01	<0.01			
	5700	319	0.25	0.0410	10.57	<0.01	<u>0.35</u>	<0.01		
	6700	394	0.40	0.0444	9.93	<0.01	0.07	<0.01	<u>0.19</u>	
	8200	515	0.35	0.0434	5.66	<0.01	<u>0.11</u>	<0.01	<u>0.26</u>	<u>0.39</u>
Interpolated	2500	423	0.50	0.0537	7.92					
	3300	300	0.50	0.0396	13.91	<0.01				
	5200	129	0.50	0.0405	22.13	<0.01	<u>0.40</u>			
	5700	159	0.50	0.0415	12.56	<0.01	<u>0.38</u>	<u>0.45</u>		
	6700	315	0.50	0.0492	12.90	<u>0.21</u>	0.04	0.05	0.09	
	8200	361	0.50	0.0404	4.99	<0.01	<u>0.40</u>	<u>0.49</u>	<u>0.45</u>	0.05

Listed are P-values for a block-bootstrap test (Kunsch, 1989) with the null hypothesis that two samples come from populations of equal variance. N represents the sample sizes for each time series. Underlined values indicate test results where the null hypotheses of equal variance could not be rejected with 90% confidence. Test results are shown for both the data at original resolution and the 0.5-yr step interpolated data. 2-7 yr percent represent the percent of interannual variance in total variance of each window.

4. Discussion

4.1 Spectral Features of BA03 $\delta^{18}\text{O}$

Our goal is to quantify the time evolution of ENSO variance over the Holocene. Our sub-annual sample resolution allows for comparisons of the 2-7 yr variance (above the Nyquist frequency), but cave processes are known to redden hydroclimate spectra; the spectrum of stalagmite $\delta^{18}\text{O}$ time series is a distorted version of the underlying atmospheric signal. Karst water residence times can filter out higher frequency $\delta^{18}\text{O}$ variations. In a multi-year cave drip water study in the Gunung Mulu cave system, Moerman et al. (2014) found that drip water $\delta^{18}\text{O}$ reflected an amount-weighted integration of rainfall $\delta^{18}\text{O}$ during the preceding 3-10 months. This work also demonstrated that the residence time of water in the epikarst was inversely correlated with the amplitude of interannual $\delta^{18}\text{O}$ variations in the drip water. A relatively long

transit time of diffuse seepage flow that feeds the drip water is proposed to attenuate the rainfall $\delta^{18}\text{O}$ signal in the drip water in the Mulu cave system (Cobb et al., 2007; Partin et al., 2013), which would tend to reduce interannual variability in the speleothems (Moerman et al., 2014). This process would help explain the weaker interannual features we observe in our high-resolution $\delta^{18}\text{O}$ time series from BA03 as compared to the Niño3.4 index. In our spectral analyses, a convolution of the Niño3.4 time series with a karst response function reduces the interannual power by shifting some of it to lower frequencies, especially for longer residence times (Figure 6). Instead of direct recorders of ENSO activity, Moerman et al. (2014) suggested that the speleothems are better suited to reconstruct relative changes in ENSO variability, which is the approach we take here. In doing so, we assume a roughly constant water residence time at the drip site of BA03, based on the modern observation of no significant change in water residence time at a single drip over a 5-year period (Moerman et al., 2014). We are aware of the caveat that changes in residence time may happen on longer timescales. A bootstrap test of changes in ENSO variance of the karst-filtered Niño3.4 index suggests no significant reduction ($p < 0.05$) in the interannual band variance unless the residence time is increased to 18 months, which requires large changes in the hydrogeology of the cave system. A change in residence time from 3 to 10 months, as observed in the modern cave system, does not cause significant changes in interannual variance.

In the different BA03 time windows, we see an overall increase in total variance in the interannual band when ENSO activity is high (Figure 4), rather than discrete, broad spectral peaks in the 2-7 year interval (Figure 5). It should also be noted that the maximum power in the $\delta^{18}\text{O}$ spectra does not lie in the interannual band, as is the case with Niño3.4 index. The interannual power accounts for a maximum of 22% of total power in the six time windows (Table 2), compared to 60% for the Niño3.4 index. The strong power at decadal and longer

periods in the $\delta^{18}\text{O}$ spectra suggests that the stalagmite $\delta^{18}\text{O}$ proxy is ‘red shifted’ like most paleoclimate records. The longer and more variable time series (2500 and 8200 yr windows) are influenced more by these low-frequency variations compared to shorter and less variable windows (5200 and 5700 yr), which accounts for the changes in the fraction of interannual variance. The BA03 spectra are more similar to the spectra of Niño3.4 convolved with a long-residence-time karst filter at interannual and lower frequencies (Figure 6). We also note that the spectra of BA03 at frequencies higher than the interannual band are “white” rather than “red” and more closely resemble local precipitation instead of karst-filtered Niño3.4. At these frequencies, dripwater $\delta^{18}\text{O}$ in the caves more closely track local rainfall, an atmospheric process that is insensitive to regional SST variability. Despite the complex natural processes driving $\delta^{18}\text{O}$ variability in BA03, the relatively robust interannual features in the $\delta^{18}\text{O}$ spectra suggest that the interannual trends in the spectra during the Holocene reflect changes in ENSO variability.

4.2 Pattern of Holocene ENSO evolution

A comparison of the Borneo results with fossil coral $\delta^{18}\text{O}$ data from the central and western equatorial Pacific shows that both proxies show reduced $\delta^{18}\text{O}$ variance from approximately 3.5 to 5.5 kyr BP (Figure 7). An ENSO variance minimum at 4.6 kyr BP was also found in molluscs from the Peruvian coast (Carre et al., 2014). In addition, core V21-30 in the EEP records an interval of reduced foraminiferal $\delta^{18}\text{O}$ variance from approximately 4 to 6 kyr BP (Koutavas & Joanides, 2012). Foraminiferal $\delta^{18}\text{O}$ variance is calculated using the $\delta^{18}\text{O}$ of single tests in each 1-cm stratum representing a deposition interval of approximately 80 years, with a age model based on linear regression of radiocarbon dates during the Holocene (Figure 7, Koutavas & Joanides, 2012). Given the several-hundred-year age uncertainty for the V21-30 age model, the four independent proxies all appear to show a reduction in interannual $\delta^{18}\text{O}$ variance

during the mid-Holocene (Figure 7). The overall agreement between different records that span the equatorial Pacific implies that ENSO is the primary driver of their common variability.

In addition to the mid-Holocene ENSO minimum, our data have extended previous ENSO records from the WPWP (Tudhope et al., 2001; McGregor & Gagan, 2004), particularly during the early Holocene (6-10 kyr BP). Our results show a moderate level of variance in the early Holocene, consistent with the coral, foraminiferal and mollusc records. Substantial ENSO variance in the early Holocene is in marked contrast to the EEP lacustrine records that show little or no ENSO activity (Moy et al., 2002; Conroy et al., 2008). Given the complexities of ascribing flood deposits to El Niño events and the sensitivity of the lake records to event magnitude, such discrepancies are not surprising. The lake records also lack sufficient temporal resolution in the early Holocene to capture ENSO variability with low sedimentation rates. In a reanalysis of the Lake Pallcacocha data (Moy et al., 2002), Emile-Geay & Tingley (2016) showed that non-linear response of alpine runoff to ENSO activity in the eastern Pacific could significantly bias ENSO variance estimates. Indeed, the alpine lake clastic flows have been reinterpreted as records of glaciation and soil erosion in a follow-up study (Rodbell et al., 2008).

In sum, our results together with published records imply that ENSO was quite active in the early Holocene compared to mid-Holocene. Simulating the reconstructed pattern of moderate variance in the early Holocene, low variance in the mid-Holocene, and high variance in the late Holocene will be an important first-order test for modeling studies evaluating long-term ENSO variability.

4.3 Potential Driving Mechanisms

As indicated by low-resolution Borneo speleothem records (Figure 3a), 3.5-5.5 kyr BP is an interval of anomalously high convective activity in the WPWP relative to the rest of the Holocene (Partin et al., 2007). This convective maximum in Borneo corresponds to a maximum in boreal fall (September-October-November, SON) insolation on the equator (Figure 3a). There is also a strong correspondence between speleothem $\delta^{18}\text{O}$ in Borneo and equatorial fall insolation over the last 150,000 years (Carolin et al., 2013; Carolin et al., submitted). Modern observations of rainfall and cave drip water $\delta^{18}\text{O}$ in Borneo have identified a $\delta^{18}\text{O}$ minimum during SON (Cobb et al., 2007; Moerman et al., 2013). Results from an isotope modeling study suggest that the mid-Holocene minimum in Borneo $\delta^{18}\text{O}$ is best described by changes in SON rather than annual average rainfall (Tierney et al., 2012). The $\delta^{18}\text{O}$ signal may therefore reflect a precession-driven maximum in SON insolation that promoted convective activity in Borneo, consistent with the interpretation from longer records (Partin et al., 2007; Carolin et al., 2013).

ENSO-band variability in the Borneo $\delta^{18}\text{O}$ record suggests influences from both internal climate variability and external forcing, depending on the timescale in question. On decadal and centennial timescales, we observe a wide-range of ENSO-band variance in BA03 (Figure 4), consistent with the decadal-scale pattern in coral records (Cobb et al., 2013) and both forced (Liu et al., 2014) and unforced (Wittenberg, 2009) ENSO simulations. The lack of clear signal suggests that ENSO is governed by processes internal to the climate system on these timescales (Cobb et al., 2013). However, ENSO-band variance shows a clear pattern on millennial and longer timescales when comparing different ENSO proxies (Figure 7). In particular, the mid-Holocene minimum in interannual variance coincides with the overall maximum in Borneo convective activity, suggesting that the two are linked. We propose that persistent convective activity in the WPWP was part of a basin-scale shift, with enhanced Walker circulation, easterly winds, and upwelling in the eastern equatorial Pacific. Such a shift would suppress the

development of El Niño events and would account for reduced variance in ENSO proxies from the eastern, central, and western tropical Pacific. It therefore appears that the mean state of the WPWP, at least on millennial timescales, is closely linked to ENSO behavior during the Holocene.

Several modeling and observational studies suggest that ENSO may be paced by precession-driven changes in the seasonal distribution of insolation in the tropics. Early modeling work (Clement et al., 1996; Clement et al., 1999) invoked an ocean thermostat mechanism in which uniform warming in the equatorial Pacific strengthens the zonal SST gradient and the atmospheric Walker Circulation during boreal fall. As a consequence, upwelling in the EEP increases, further intensifying the zonal SST contrast and thereby creating a positive feedback that suppresses El Niño development. Because boreal fall (SON) is the primary growth phase of El Niño events, the mid-Holocene insolation maximum during SON could trigger the thermostat response and therefore modulate El Niño events. SST reconstructions across the equatorial Pacific have revealed a maximum zonal SST gradient during the mid-Holocene (Koutavas & Joannides, 2012), suggesting that ENSO variability is closely linked to tropical Pacific mean state, which is in turn paced by precessional forcing. A monthly-resolved coral $\delta^{18}\text{O}$ time series from the central Pacific has also identified damping of El Niño events during their growth phase in SON around 4.3 kyr BP (McGregor et al., 2013), in agreement with the prediction of the thermostat mechanism.

Other work suggests that additional factors may govern long-term ENSO behavior. Timmermann et al. (2007) argue that the position of the ITCZ and its associated band of highly reflective clouds plays an important role in the cross-equatorial distribution of insolation and the resulting wind and SST response in the EEP. Their model results, however, do not produce a

mid-Holocene ENSO minimum as inferred from the proxy data, but millennial-scale variability in ENSO that is sensitive to boreal summer precessional insolation. It has also been suggested that reduced ENSO variance was related to an intensified Asian summer monsoon (Liu et al., 2000), but the Borneo stalagmites demonstrate that coupled dynamics in the tropical Pacific are paced by boreal fall insolation and out of phase with Asian summer monsoon variability (Figure 3), similar to the pattern in longer Borneo records (Carolin et al., 2013; Carolin et al., submitted). In addition, the SST annual cycle in the equatorial Pacific may modulate ENSO variability through frequency entrainment (Chang et al., 1994; Timmermann et al., 2007). Climate models involving the frequency entrainment mechanism predict a negative correlation between the strength of the annual cycle and ENSO variability, in contrast to paleoclimate proxy observations that show weak positive correlation (Emile-Geay et al., 2016). The difference between proxy and models requires further modeling investigation to develop climate models that can accurately simulate forced changes in seasonality in the tropics to reveal its role in ENSO variability (Emile-Geay et al., 2016).

Results from the Paleoclimate Modeling Intercomparison Project (PMIP) also display a wide range of ENSO responses to mid-Holocene (6 kyr) insolation forcing. An ensemble of models simulates mid-Holocene ENSO amplitudes of -35% to +20% relative to pre-industrial conditions (IPCC 5th Assessment Report). The median of the multi-model ensemble represents a 15% reduction in ENSO amplitude, in agreement with a transient coupled simulation (Liu et al., 2014). In PMIP-2 model runs, the standard deviation of several ENSO indices decreased in the mid-Holocene (6 kyr) simulations (Zheng et al., 2008; An and Choi, 2013). The largest response was in Niño3.4 which displayed an 18% reduction. By comparison, the PMIP-3 runs showed only a 5% reduction in the same index (An and Choi, 2013). Virtually all of the ENSO indices

show a much weaker response in the PMIP3 than the PMIP2 experiments (An and Choi, 2013) and the magnitude of mid-Holocene ENSO reduction is not as large as inferred from paleoclimate proxies. With the range of related climatic factors and feedbacks, it is unlikely that any one process will provide a complete explanation of the Holocene ENSO pattern. Nevertheless, the correlation between reduced ENSO variance and a precession-driven maximum in SON insolation suggests the two phenomena are coupled. The emerging picture of anomalously low ENSO variance from 3.5 to 5.5 kyr BP, as opposed to progressively increasing ENSO variability during the Holocene suggested by earlier work, sets a key goal for future modeling studies.

5. Conclusions

Our subannual-resolution stalagmite $\delta^{18}\text{O}$ records show reduced ENSO variance during the mid-Holocene, high ENSO variability in the late Holocene, and moderate but active ENSO in the early Holocene. Our record from the western equatorial Pacific is consistent with coral, foraminiferal and mollusc records from the central and eastern Pacific, suggesting that ENSO was the common driver. Reduced interannual climate variability during the mid-Holocene in the equatorial Pacific coincides with an interval of anomalously high convective activity in the WPWP. The paleoclimate data therefore suggest that the mean state of the WPWP is a key factor governing ENSO behavior on millennial and longer timescales. The mean state is likely paced by equatorial fall insolation and appears to be decoupled from Northern Hemisphere summer insolation. The emerging pattern of Holocene ENSO variability will serve as an important validation test for future models of ENSO dynamics. Ideally, future data-model intercomparison

studies will refine our understanding of the key ocean-atmosphere feedbacks that drive long-term ENSO evolution, leading to improved predictions of ENSO in a warming climate.

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575 **Figure Captions**

576 **Figure 1** Global map of correlation coefficient between interannual (2-7 yr band) precipitation
577 and Niño3.4 index during 1979-2014. Niño3.4 data (ERSST v4, Huang et al., 2015; Liu et al.,
578 2015) are obtained from NOAA Climate Prediction Center website
579 (<http://www.cpc.ncep.noaa.gov/data/indices/>). $2.5^{\circ} \times 2.5^{\circ}$ global monthly precipitation data
580 (Adler et al., 2003) are obtained from NOAA Global Precipitation Climatology Project (GPCP)
581 Version 2.2 combined precipitation dataset (<http://www.esrl.noaa.gov/psd/>). Colored areas have
582 interannual precipitation significantly correlated with Niño3.4 index ($P < 0.05$). White areas
583 indicate non-significant ($P > 0.05$) correlation. During El Niño events, the study site in Northern
584 Borneo (star, 4°N , 114°E) is subject to rainfall deficits. Other data referred to in this study
585 include coral $\delta^{18}\text{O}$ time series (triangles) from Northern Line Islands (Cobb et al., 2003, 2013;
586 McGregor et al., 2013) and Papua New Guinea (Tudhope et al., 2001; McGregor & Gagan,
587 2004), foraminiferal $\delta^{18}\text{O}$ (diamond) from core V21-30 in the eastern equatorial Pacific
588 (Koutavas & Joanides, 2012), mollusk shell $\delta^{18}\text{O}$ (circles) from multiple locations on Peruvian
589 coast (Carre et al., 2014), as well as lake deposits (cross) from Lake Pallcacocha (Moy et al.,
590 2002) and Lake El Junco (Conroy et al., 2008).

591 **Figure 2** U-Th dates for stalagmite BA03. The stalagmite is approximately 1.3 m long and spans
592 0-13 kyr BP, with a mean growth rate of $100 \mu\text{m/yr}$. The figure shows the U-Th dates used in the
593 age model for BA03 with 2σ errors. The age at zero depth is assumed to be zero. BA03 has two
594 distinct growth rates during the Holocene: approximately $54 \mu\text{m/yr}$ before 7 kyr BP and 145
595 $\mu\text{m/yr}$ afterwards. The black curve shows the age model for low-resolution $\delta^{18}\text{O}$ data in Figure 3
596 derived from StalAge algorithm (Scholz & Hoffmann, 2011) with 95% confidence interval
597 (shaded). The shaded region is hardly visible in most of the Holocene since the U-Th ages are
598 well constrained.

599 **Figure 3** (a) Speleothem $\delta^{18}\text{O}$ records from Borneo. Decadal-resolution BA03 $\delta^{18}\text{O}$ record
600 (orange line) is shown with U-Th dates (orange triangles) used to construct the age model. Thick
601 black lines on the orange curve mark the windows of high-resolution $\delta^{18}\text{O}$ analysis shown in
602 Figure 4. $\delta^{18}\text{O}$ records of stalagmite SCH02 (red), BA04 (blue) and SSC01 (green) from the
603 same region are also plotted with corresponding U-Th dates (Partin et al., 2007). Also plotted is
604 the September-October-November (SON) insolation on the equator (black, Berger & Loutre,
605 1991). (b) Speleothem $\delta^{18}\text{O}$ record from Dongge Cave, China (grey, Dykoski et al., 2005),
606 plotted with corresponding U-Th ages and June-July-August (JJA) insolation at 25°N (black,
607 Berger & Loutre, 1991).

608 **Figure 4** High-resolution BA03 $\delta^{18}\text{O}$ time series and 2-7 year bandpass filtered series **Top row**
609 Blue crosses mark the $\delta^{18}\text{O}$ values of individual growth bands milled at sub-annual resolution
610 (3032 total), plotted with a two-year running mean (red line) based on a boxcar averaging
611 algorithm. The black lines represent 95% confidence intervals of the boxcar running mean.

Bottom row Bandpass (2-7 yr) filtered $\delta^{18}\text{O}$ series of the six time series interpolated to 0.5-yr resolution. The black dashed lines mark the $\pm 0.1\text{‰}$ range.

Figure 5 Multi-taper power spectra of the six $\delta^{18}\text{O}$ time series from BA03 (black line) plotted with fitted AR(1) red noise background. The blue dashed lines mark 50% quantile of the multi-taper spectra of the 500 Monte-Carlo generated AR(1) series, and the red dashed line marks 95% quantile. The orange boxes mark the 2-7 year period range. Each window has at least one interannual peak above 95% red noise.

Figure 6 (a) Multi-taper spectra of Niño3.4 index (ERSSTv4, 1950-2014) plotted with fitted AR(1) background. The blue and red dashed lines are 50% and 95% quantiles of 500 Monte-Carlo AR(1) spectra. The orange box marks the 2-7 yr period range. The purple dotted line is a spectrum of 36-yr local precipitation (1979-2014) at the Borneo site with data from the corresponding grid in Figure 1. (b) Multi-taper spectra of Niño3.4 time series convolved with karst smoothing of different water residence times in the caves following Dee et al. (2015). Smoothing of the ENSO signal in the cave system shifts the interannual and higher frequency power into lower frequencies and make the spectra “redder” and more similar to the BA03 spectra.

Figure 7 Comparison of Holocene ENSO variability estimates from BA03 with foraminiferal, coral, mollusc and lake sediment records. (a) Estimates of ENSO variability from stalagmite BA03 (squares) and foraminifera (circles, Koutavas & Joanides, 2012). BA03 $\delta^{18}\text{O}$ estimates are based on the standard deviation of the 2-7 yr band in overlapping 30-yr windows (5-yr step). Foraminiferal $\delta^{18}\text{O}$ variance is calculated using the $\delta^{18}\text{O}$ of single tests in each 1-cm stratum with the original published age model (Koutavas & Joanides, 2012). (b) Coral $\delta^{18}\text{O}$ standard deviations are calculated in the same way as BA03 and plotted as percent differences from modern corals (1968-1998) for each site. Coral time series shorter than 30 years are plotted with cross-filled circles (Cobb et al., 2013; McGregor et al., 2013). Also plotted is ENSO-driven seasonal SST range variance on Peruvian coast calculated from monthly molluscan shell $\delta^{18}\text{O}$ measurements (pink, Carre et al., 2014). Variance is plotted as percent difference from modern (0-60 yr BP). The vertical bars mark 1σ uncertainty of the estimates, and the horizontal bars mark the time range of shells for the variance estimate. (c) Lake records from Lake Pallcacocha in Ecuador (blue, Moy et al., 2002) and El Junco in the Galapagos Islands (red, Conroy et al., 2008). Lake Pallcacocha record is based on reflective intensity of red light of the lake deposits. The variance of red intensity within overlapping 30-yr windows (5-yr step) is shown. Lake El Junco record is based on percentage of sand in the sediment grains. The low ENSO activity in early Holocene (6-10 kyr BP) in the lake records is distinct from the interannual records in the (a) and (b).

Figure1

Figure2

Figure3

Figure4

Figure5

Figure6